



HEALTH, SAFETY, WELFARE AND

ENVIRONMENTAL POLICY

DOCUMENT

CHELMSFORD DEMOLITION LIMITED

2 Lordship Cottages
Lordship Road
Writtle
Essex CM13RP

Scheduled Annual Review September 2025

COMPANY NUMBER: 14164806

Produced in Consultation With



RECORD OF AMENDMENTS/REVISIONS

Date	Section Amended	Page	Brief Description	By
30.08.2024	Whistle Blowing Policy Statement	86	Addition of policy	JB

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HEALTH AND SAFETY POLICY STATEMENT

Safety and Health are recognised by Chelmsford Demolition Ltd as being the responsibility of the Directors of Chelmsford Demolition Ltd and ranks equally with responsibilities for production, costs and similar matters. The Directors will ensure that everything reasonably practicable will be done to prevent personal injury to company employees and others by providing suitable resources, time and effort to control hazardous work activities.

Chelmsford Demolition Ltd will allocate the necessary finances to ensure that the requirements of Legislation and this Health and Safety Policy are fulfilled.

To ensure the health, safety and welfare of their employees and others effected by their activities, Chelmsford Demolition Ltd will so far as is reasonably practical:-

- Provide a safe place of work with safe access to and egress from.
- Provide adequate facilities and welfare including first aid.
- Ensure regular inspection of working areas and of all plant and equipment.
- Ensure competent supervision, information, instruction and training is provided.
- Provide personal protective clothing and equipment as required by site specific risk assessments.
- Make safe arrangements for the use, handling, storage, packaging and labelling of hazardous substances.
- Provide suitable site-specific safe systems of work and risk assessments.
- Ensure every employee understands they have a duty of care to themselves and others.
- Maintain good communication with all employees.
- Continue to encourage near miss reporting.

Copies of this statement will be provided to all employees at induction training and copies of the Health and Safety Policy will always be made available for reference at Chelmsford Demolition Ltd office and established site offices.

The Managing Director has personal responsibility for the implementation of Health and Safety within Chelmsford Demolition Ltd and will ensure that he devotes an appropriate amount of resources to ensure all requirements of Chelmsford Demolition Ltd.'s safety policy are met.

This policy is a live document with no expiry date. The policy will undergo full review annually and interim reviews as necessary to make changes following legislation change, accident, incident and/or procedure changes.

Signed By: Mr James Bailey – Managing Director



30th September 2024

ENVIRONMENTAL POLICY

Chelmsford Demolition Ltd are aware, not only of global concerns, but more particularly those of our own local environment.

As members of the community, we also share its concerns and will make every effort to ensure that we minimise any adverse effects our operations may have on the environment.

Chelmsford Demolition Ltd will achieve this commitment of safeguarding the environment by undertaking the following,

Chelmsford Demolition Ltd will:-

- Comply with all existing legislation and provide training to employees.
- Implement procedures to prevent pollution to land, air or water.
- Take environmental factors into consideration in any new developments or contract works.
- Strive to improve the environmental impact of Chelmsford Demolition Ltd.'s activities.
- Respond to the needs and concerns of the community promptly.
- Reduce waste and consumption of natural resources wherever possible.
- Co-operate in any investigations concerning hazardous emissions or incorrect disposal of hazardous waste.
- Be amongst the leaders in environmental sensitivity.
- Be pro-active in supporting the Government initiative policy of working well together.
- Be aware of the COSHH Regulations 2002 (amended 2004).
- Be aware of the Environmental Protection Act 2021.
- Work in accordance with The Control of Asbestos Regulations 2012 and ACOP's.

Appropriate training and resources will be made available to ensure that all staff members have the skills to implement the above policy.

Signed By: Mr James Bailey – Managing Director



30th September 2024

EQUALITY & ANTI-SLAVERY

Chelmsford Demolition Ltd will ensure that it is compliant with current equality and anti slavery legislation at all times.

The Acts will simplify current legislation to provide Britain with a new discrimination law which protects individuals from unfair treatment and promotes a fair and more equal society.

The provision of the Modern Slavery Act 2015 requires that any commercial organisation in any sector, which supplies goods and services and carries on a business in the UK and is above a specified total turnover (£36m), must produce a slavery and human trafficking statement for each financial year of the organisation.

This company is committed to the highest level of ethical standards of impartiality, integrity and objectivity and supports the need to eradicate modern slavery and human trafficking.

The nine main pieces of legislation that have merged are:-

- The Equal Pay Act 1970
- The Sex Discrimination Act 1975
- The Race Relations Act 1976
- The Disability Discrimination Act 1995
- The Employment Equality (Religion or Belief) Regulations 2003
- The Employments Equality (Sexual Orientation) Regulations 2003
- The Employment Equality (Age) Regulations 2006
- The Equality Act 2006, Part2
- The Equality Act (Sexual Orientation) Regulations 2007

The Equality Act covers the same groups that are protected by existing equality legislation – age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership and pregnancy and maternity. These are now called ‘protected characteristics’. The Act extends some protections to characteristics that were not previously covered, and also strengthens particular aspects of equality law.

Chelmsford Demolition Ltd will ensure legal compliance with the above-mentioned legislation and promote equality throughout all business activities. For detailed descriptions on discrimination, please refer to Chelmsford Demolition Ltd.’s discriminations document.

Chelmsford Demolition Ltd will take a proactive stance in regards to the use of slave labour and will take all reasonable steps to ensure that we are compliant with the modern slavery act and that our supply chain are also compliant.

Signed By: Mr James Bailey – Managing Director



30th September 2024

ENGLISH LANGUAGE POLICY

The Health & Safety at Work Act 1974 requires employers to provide employees with any necessary information and adequate training to ensure their health and safety at work. It also requires Best Demolition Ltd to ensure that arrangements are made for the communication of all employees.

Pre-Start Assessments

If we employ workers who have difficulty with English speaking, understanding and literacy we will adopt the following procedure.

1. Prior to any worker starting work on site the worker's understanding of English will be established.
2. The assessment will be carried out using the guidance in the ALTE (Association of Language Testers in Europe) 'can do' statements as provided in the Construction Skills Construction Site Safety GE 700 handbook.
3. Workers below the ALTE Breakthrough Level, no English language skills, will need an interpreter or written translations for all communication.
4. The provision of an interpreter can be by the employment of an English-speaking co-worker. Where English speaking co-workers are used to communicate on site information to non-English speaking workers, their level of understanding will be assessed first against the ALTE standards.

Images/pictograms will be used to reinforce Health and Safety requirements at prestart training, on site induction, toolbox talks, the location of welfare facilities, fire-fighting equipment etc.

Images and phrases used will be based on those developed by Construction Skills and illustrated in Construction Site Safety GE 700 2014/2015.

Risk Assessment

A prestart Risk Assessment will be carried out by the site manager or supervisor prior to any workers who have been identified with English language difficulties starting work on site.

Monitoring

All supervisors and managers should consider the need for additional and more vigilant supervision of workers whose comprehension of onsite hazards due to poor levels of English understanding may be suspect.

Supervisors and managers who have any doubt over the safety of any employee should remove that worker from any hazardous locations and seek further guidance from senior management.

Signed By: Mr James Bailey – Managing Director



30th September 2024

EQUAL OPPORTUNITIES POLICY

Chelmsford Demolition Ltd has committed to the policy of equal treatment of all employees and applicants, etc., and requires all employees, of whatever grade or authority, to abide by and adhere to the requirements of the Codes of Practice issued by the Equal Opportunities Commission and the Commission for Racial Equality.

Specifically, discrimination is prohibited in:-

- Treating any individual on grounds of sex, colour, marital status, race, nationality or ethnic or national origin, religion, sexual orientation, disability or membership or non-membership of a trade union, less favourably than others.
- Expecting an individual solely on the grounds stated above to comply with requirement(s) for any reason whatsoever related to their employment, which are different to the requirements for others.
- Imposing on an individual requirements, which are in effect, more onerous on that individual than they are on others. For example, this would include applying a condition (which is not warranted by the requirements of the position) which makes it more difficult for members of a particular race or sex to comply than others not of that race or sex.
- Victimisation of an employee.
- Harassment of an employee (which for the purpose of this policy is regarded as discrimination).
- Any other act or omission of an act, which has as its effect the disadvantaging of an employee or applicant against another, or others, purely on the above grounds. Thus, in all disciplinary matters, as well as consideration for training, promotion etc. - it is essential that merit, experience, skills and temperament are considered as objectively as possible.

Chelmsford Demolition Ltd will commit itself to the immediate investigation of any claims of discrimination on the above grounds, and, where such is found to be the case, a requirement that the practice cease forthwith, and to the investigation of any employee accused of discrimination.

Any employee (no matter what level) found guilty of discrimination will be instructed to desist forthwith. Since discrimination in its many forms is against company policy, any employee offending will be dealt with under Chelmsford Demolition Ltd.'s disciplinary procedure. Unless assurances of future non-discriminatory actions are forthcoming, an employee repeating any act of discrimination may be dismissed.

Chelmsford Demolition Ltd recognises the right of an employee to belong to or not to belong to, a trade union, and membership or non-membership of such a union will not be taken into account in any way during the career of the employee.

In support of Chelmsford Demolition Ltd.'s expectations as an Equal Opportunities Employer will be the need to ensure that open recruitment methods are used to fill vacant positions. The methods used will include advertisements within:-

- Job Centres
- Career Service Agencies
- Press advertisements, both professional journals and local distributions depending upon the demands of the role to be filled.

Chelmsford Demolition Ltd will commit itself to the employment of disabled personnel whenever possible and will treat such employees in aspects of their recruitment and employment in exactly the same manner as other employees, the difficulties of their disablement permitting.

In order to meet our duties under the Race Relations (Amendment) Act and associated legislation and Codes of Practice and ensure that no group is disadvantaged in applying and undertaking employment with Chelmsford Demolition Ltd we monitor staff in post, applicants for employment and applicants for training and development opportunities. This information is reviewed periodically by the Managing Director

responsible for equal opportunities. In particular the monitoring process will take account of:-

- Recruitment and selection
- Numbers of staff employed
- Training opportunities
- Development
- Harassment and discrimination complaints and other grievance
- Disciplinary proceedings
- Starters and leavers

Copies of this statement will be provided to all employees at induction training. In addition full copies of the Health, Safety, Environmental and Equal Opportunities Policy will always be available for reference at Chelmsford Demolition Ltd.'s. Office and established site offices.

Signed By: Mr James Bailey – Managing Director



30th September 2024

COMPLAINTS PROCEDURE

1. In the event that any employee feels that he or she has suffered discrimination in anyway, Chelmsford Demolition Ltd grievance procedure should be utilised.
2. If the complaint is against the employee's own immediate or other superior, confidential application should be made to the Managing Director.
3. In instances of sexual harassment, as far as possible, the anonymity of the complainant shall be protected.
4. It should not be overlooked that an employee who discriminates or harasses may be liable for payment of damages to the person offended, in addition to any damages payable by Chelmsford Demolition Ltd should it have failed to ensure that the practice had ceased forthwith.
5. To make a complaint of discrimination, harassment, victimisation, or unfair treatment it will be necessary to have available:-
 - Details of what, when and where the occurrence took place.
 - Any witness statements or names.
 - Names of any others who have been treated in a similar way.
 - Details of any former complaint made about the incident, date, where and whom.
 - A preference for a solution to the incident.

Until a hearing is arranged, complainants should keep the matter confidential, other possibly than arranging for details of witnesses to be given to the Managing Director.

SMOKE FREE POLICY

This Policy has been developed to protect all employees, customers and visitors from exposure to second-hand smoke and to assist in compliance with the Smoke-free (Premises & Enforcement Regulations) 2006 and Smoke-free (Signs) Regulations 2012.

Exposure to second-hand smoke increases the risk of lung cancer, heart disease and other serious illnesses. Ventilation or separating smokers from non-smokers within the same airspace does not completely stop potentially dangerous exposure.

It is the policy of Chelmsford Demolition Ltd that all our workplaces are smoke free and that all employees have a right to work in a smoke free environment. Smoking is prohibited in all enclosed and substantially enclosed premises in the workplace by law and all work vehicles. This applies to all employees, customers, consultants, contractors and visitors.

Overall responsibility for policy implementation and review rests with the Directors. However, all employees are obliged to adhere to and support the implementation of the policy. They shall inform all existing employees of this policy and their role in the implementation and monitoring of this policy. They will also ensure that new employees are given a copy of the policy on recruitment/induction. Appropriate 'No Smoking' signs will be clearly displayed at the entrances to and within Chelmsford Demolition Ltd premises and in all smoke free vehicles.

Disciplinary procedures will be followed if a member of staff does not comply with this policy. Those who do not comply with the smoke-free law may also be liable to a fixed penalty fine and possible criminal prosecution.

The National Health Service offers a range of free services to help smokers give up.

Visit www.gosmokefree.co.uk or telephone the NHS Smoking Helpline on 0800 169 0 169 for details.

Signed By: Mr James Bailey – Managing Director



30th September 2024

ANTI-BRIBERY POLICY

The Act, very generally, is defined as giving someone a financial or other advantage to encourage that person to perform their functions or activities improperly or to reward that person for having already done so.

Chelmsford Demolition Ltd Anti-Bribery policy is mandatory for all company employees, agents, consultants, sub-contractors and suppliers.

Any act of bribery, in whatever form is unacceptable to this company. We will consider taking disciplinary action against anyone who fails to comply with the anti-bribery policy up to and including dismissal.

The following is absolutely prohibited under this policy:-

- Making unofficial payments to officials in order to obtain any permission which wouldn't otherwise be granted.
- Appointing any third party or supplier who you know or have good reason to believe, has engaged in any corrupt or unlawful conduct or offences under the Act.
- Paying a third party for the purpose of being a 'fixer' to open doors etc.
- Company employees must never offer, pay, solicit or accept bribes in any form, including facilitation payments.

Employees may accept low value token gifts such as branded pens, stationery and mouse mats produced for the purpose of being given away, if given by an existing supplier. Occasional boxes of confectionary may be given to a department as opposed to an individual. Otherwise employees must refuse personal gifts such as Christmas, wedding or birthday gifts, including vouchers or cash equivalents received from any third party.

Chelmsford Demolition Ltd employees may occasionally receive invitations from suppliers or others to corporate hospitality or entertainment events. Hospitality or entertainment may only be accepted if:-

- Employees or personnel from the supplier are in attendance.
- The supplier does not pay for any accommodation or travel expenses (unless very trivial).
- The entertainment and/or acceptance of it could not be interpreted as a reward, inducement or encouragement for a favour or preferential treatment.
- It is not unduly lavish or extravagant.

Chelmsford Demolition Ltd does not make contributions or donations to political organisations or independent candidates nor incur any political expenditure but respects the right of individuals to make personal contributions, provided they are not made in any way to obtain advantage in a business transaction.

Chelmsford Demolition Ltd conducts business with the highest standards of honesty and integrity and any employee concerned about any malpractice, improper action, or wrongdoing is strongly encouraged to report the matter, in the first instance, to their Line Manager/Supervisor. If an employee feels unable to raise the issue with their Line Manager/Supervisor for whatever reason, they should contact the Managing Director.

Signed By: Mr James Bailey – Managing Director



30th September 2024

QUALITY POLICY

Chelmsford Demolition Ltd are dedicated to providing the highest possible standards of quality for its services and products and are dedicated to maintaining a quality management system which ensures that its services and products meet customer specification within agreed parameters of Cost, Quality and Completion.

Chelmsford Demolition Ltd defines quality as the conformance of services and products to established and documented requirements derived from Clients' needs, employee expertise and experience. Systems are open to constant examination and review by all company personnel and approved third parties enabling observations to be made and incorporated, which provide continuous improvement.

Chelmsford Demolition Ltd is proud of its good reputation for responsible practices and dedicated client care, which are a result of Chelmsford Demolition Ltd.'s ethical culture, skilled, committed and competent staff, and quality control over its' services and products. It is Chelmsford Demolition Ltd.'s policy to seek to operate to these standards continuously. Suppliers to Chelmsford Demolition Ltd will be actively encouraged to improve the quality and reliability of their services and products.

Chelmsford Demolition Ltd complies with all legislation relevant to its' particular industry sector together with the Health & Safety at Work Act 1974.

Chelmsford Demolition Ltd has identified the need to pursue responsible policies towards the community and the interests of industry will not be served at the expense of the environment.

It is Chelmsford Demolition Ltd.'s belief that, in applying these standards, policies and procedures, it will be able to operate to the requirements of its clients and industry accordingly.

Signed By: Mr James Bailey – Managing Director



30th September 2024

SOCIAL MEDIA POLICY

This policy is intended to help all Chelmsford Demolition Ltd employees, sub-contractors, consultants and part-time employees (collectively referred to as staff in this policy) make appropriate decisions about the use of social media such as Facebook, LinkedIn, Twitter, Forums, Blogs and Instagram etc. This policy outlines the standards we require all staff to observe when using social media, the circumstances in which we may monitor your use of social media and the action that Chelmsford Demolition Ltd can take in respect to breaches of this policy.

All staff are reminded that the use of devices such as mobile phones and tablets are not to be used to record company activities unless specifically authorised for work related purposes, such as to send images to managers or technical staff for advice. Such devices can cause distractions during normal work activities and can endanger you or others on site.

Ignoring the above and posting company activities on social media can and may be seen as a breach of this policy, and could lead to disciplinary action being taken against you, including dismissal.

Chelmsford Demolition Ltd employs Marketing and Business Development Managers, whose main roles are to capture the work we do and promote it suitably on social media. Should you feel that your site has some interesting activities planned, discuss with your immediate supervisor/manager to arrange for the marketing manager to attend site to capture the works.

There may be times where we have people on site that may not be as familiar with our policies and rules, such as sub-contractors. It will be expected of all Chelmsford Demolition Ltd employees to remind sub-contractors working on our sites of this policy and the supervisor/manager to include this within their induction.

Should you have Chelmsford Demolition Ltd as your place of work on your social media profile/s, we would strongly advise you to refrain from posting anything that could bring Chelmsford Demolition Ltd into disrepute, such as political views, liking or making racist comments, religious views and so on. If you would like to use Chelmsford Demolition Ltd or any of its trademarks, you will require prior consent from the senior management.

If you are unsure as to what you can and can't do, please feel free to discuss this with your immediate line manager.

Signed By: Mr James Bailey – Managing Director



30th September 2024

ORGANISATION

The ultimate responsibility rests with the Directors but in practice these duties may be delegated in authority only.

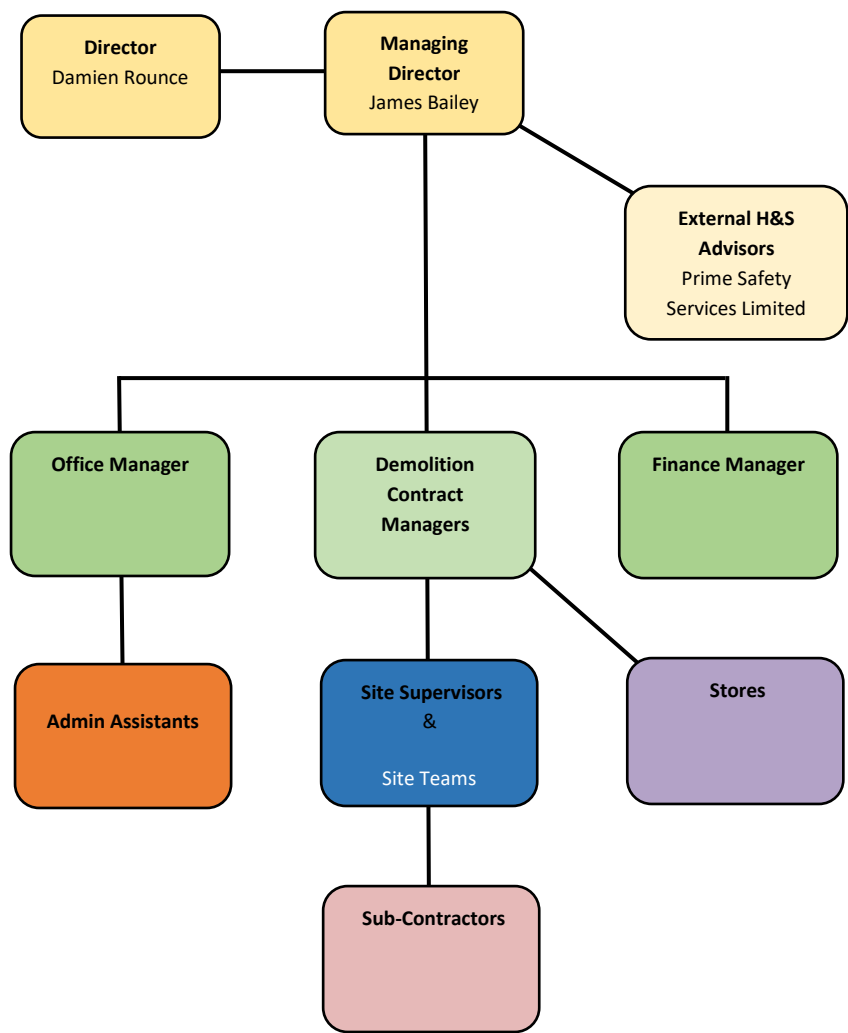
Duties arising from that responsibility have been delegated to the management team and supervisory staff who monitor compliance with this Health and Safety Policy. These duties have been allocated under their own individual responsibilities so that everyone knows who and what they are responsible for and to whom they are responsible. They are as accountable for the management of health and safety as they would be for any other function of management.

Employee's initiatives are dealt with by their immediate supervisors before being forwarded to The Directors.

After consultation with the Directors, training courses are arranged either 'in house' or at authorised establishments.

The Directors will ensure that sufficient time is made available for employees to receive training and that adequate finances are provided to cover such resources as are necessary for the health and safety of employees.

MANAGEMENT STRUCTURE OF CHELMSFORD DEMOLITION LTD
(ORGANOGRAM)



Individual Responsibilities for Health and Safety

DIRECTORS – James Bailey & Damien Rounce

1. Initiate Chelmsford Demolition Ltd.'s Health and Safety Policy for the prevention of injury, ill-health, damage and wastage; set targets for reduction of accident rates.
2. Ensure that the Policy is kept up to date and brought to the attention of all employees.
3. Administer the Policy throughout Chelmsford Demolition Ltd by appointing a Health and Safety Representative to be responsible, by name.
4. Ensure that all levels of staff receive adequate and appropriate training.
5. Provide adequate welfare at all company sites and offices as per current legislation.
6. Ensure the necessary investigations of accidents and incidents to prevent re-occurrence.
7. Reprimand any member of staff failing to discharge satisfactorily the responsibilities allocated to them.
8. Ensure all employees are kept up to date with legislative requirements.
9. Arrange for regular meetings with the Internal Safety Rep and/or External Advisors to discuss Company accident prevention, performance, possible improvements.
10. Ensure that first aid facilities are available at all times during working procedures.
11. Arrange for funds and facilities to meet the requirements of the Policy.
12. Ensure that emergency procedures are in place in company offices and on site.
13. Set a personal example when visiting sites.
14. Ensure that suitable sacrifices are made in the form of money, time, trouble and effort to eliminate and reduce risks to all persons that could be affected by Chelmsford Demolition Ltd.'s business activities.

Individual Responsibilities for Health and Safety

Internal Safety Representative

1. Read, understand and assist with the implementation of Chelmsford Demolition Ltd Health & Safety Policy and review as necessary upon changes in legislation, procedures, equipment, personnel and accident/injury.
2. Understand the requirements of all Health, Safety & Environmental legislation appropriate to the business activities and advise accordingly.
3. Attend pre-contract site meetings to discuss the proposed health and safety measures.
4. Ensure that training needs are identified and appropriate action taken to ensure all employees have suitable knowledge to undertake their roles safely.
5. Assist the Contract Managers when assessing the suitability of sub-contractors.
6. Assist the Contract Management team when planning works that are unusual and not covered within the arrangement within this policy.
7. Take appropriate action when notified of disregard on site of any employee, supervisor or manager.
8. Set a personal example when visiting site.
9. Assist the managers with safety controls when required, to assist with safe systems of works.
10. Carry out periodic site inspections, incident investigations and issue reports.
11. Attend company safety meetings to provide advice and guidance on issues found and raised.
12. Ensure adequate risk assessments are carried out for all company buildings and work activities.

Individual Responsibilities for Health and Safety

CONTRACT MANAGERS

1. Read, understand and assist in the implementation of Chelmsford Demolition Ltd.'s Health & Safety Policy.
2. Organise the work on site so that work is carried out in accordance with the specifications and general conditions of contract with a view to minimising the risk to persons, equipment and materials.
3. Be aware and familiar with safety requirements which are relevant to the type of work being carried out.
4. Ensure that the site-specific safe systems of work have been reviewed before issue to the Site Supervisors and that they are suitable for the planned works.
5. Ensure the gathering of necessary information as required under CDM Regulations 2015 for the Health & Safety File.
6. Restrain operatives and supervisors under your control from taking unnecessary risks and issue appropriate orders when safety rules are being broken.
7. Ensure defects in plant, transport and portable equipment are reported to the Plant Manager. Ensure supervisors remove from service those items or equipment considered to be imminently dangerous.
8. Ensure the locations of all conflicting cables and all utilities are known and isolated where possible before commencing work.
9. Ensure supervisors under your immediate control carry out investigations of all accidents and dangerous occurrences, complete the internal forms, notify the Internal Safety Rep and/or External Advisors and send completed forms to Head Office.
10. Ensure supervisors are aware of all equipment requirements i.e. ladders, barriers, signs, cones, scaffolding etc. before work commences and all PPE i.e. hard hats, footwear, safety harnesses, ear plugs, goggles, respirators etc. is available and used where required.
11. Provide the Internal Safety Rep and/or External Advisors with information in regards to 'further' training requests of operatives and supervisors.
14. Set a personal example when visiting sites.
15. Report all safety matters immediately to the Internal Safety Rep and/or External Advisors.

Individual Responsibilities for Health and Safety

THE COMMERCIAL TEAM

1. To be aware of Chelmsford Demolition Ltd policies and procedures.
2. To ensure that during all tender bids, all identifiable risks have been assessed and suitable resources have been allocated to control the risks in line with current legislation.
3. Ensure that all necessary plant has been allowed for when pricing.
4. Ensure that communication is maintained between the contract managers and estimators/surveyors during any changes in the quoted works.
5. Do not allow commercial aspects to override the requirements of UK safety law.
6. To lead by example when on site.

Individual Responsibilities for Health and Safety

SITE SUPERVISORS

1. Understand Chelmsford Demolition Ltd.'s Safety Policy and ensure those working under your control are familiar with the arrangements within.
2. Organise sites so that work is carried out to the required standard as per the safe systems of work, by delivering daily task briefings that are specific to the work ahead.
3. Issue and cancel all necessary work permits as per the requirements within the safe system of work and in accordance with industry Chelmsford practice, such as hot works and breaking ground.
4. Be familiar with legislative requirements and where you are not fully conversant, know where to research or to contact the Internal Safety Rep and/or External Advisors.
5. Ensure that the supplied risk assessment and method statements have been read, communicated to the workforce, acceptance registers completed and all required actions carried out.
6. Keep all registers, records and reports up to date and correctly filled in and returned to the office.
7. Carry out periodic tool box talks to refresh operative knowledge prior to undertaking hazardous tasks.
8. Ensure that all information available relating to underground services on the site is obtained and that services are located, marked and plotted accurately before work starts.
9. Ensure that all plant operators only use equipment that they are qualified to operate and that it is certified and regularly inspected. (no longer than every 7 days)
10. Ensure that adequate supplies of protective clothing and equipment are maintained on site, including for visitors.
11. Ensure that adequate first aid facilities are on site, and that they are adequately stocked. Welfare facilities are to be kept clean and hygienic at all times.
12. Accompany HSE Inspectors on site and act on his/her recommendations.
13. Co-operate and communicate with the Contracts/Internal Safety Rep and/or External Advisors. Ask for his/her advice **before** commencing new methods of work.
14. Ensure that adequate fire precautions are maintained on site and any flammable liquids are used safely and stored safely in separate 'full' and 'empty' gas bottle storage compounds.
15. Set a personal example by wearing appropriate protective clothing on site and be professional.
16. Ensure that any accident on site which results in an injury to **any** person (not just employees) and/or damage to plant or equipment is reported in accordance with Company Policy, to Senior Management for RIDDOR 2013 action as appropriate.

Individual Responsibilities for Health and Safety

SITE OPERATIVES

1. Work safely so as not to cause injury to yourself or others.
2. Carry out pre-use checks of all plant and equipment.
3. Wear the personal protective clothing and equipment provided.
4. Keep the workplace tidy.
6. Ensure you fully understand the RAMS before signing the acceptance sheet.
7. Understand Chelmsford Demolition Ltd.'s. Health and Safety Policy and carry out your work in accordance with its requirements.
8. Ensure that any defect in the machine is reported immediately to the Site Supervisor. Do not continue to operate the machine if the defect affects its use.
9. Never try to use the machine for work for which it is not designed. If in doubt, ask the Site Supervisor for advice.
10. Suggest ways to eliminate hazards or improve working methods.
11. Ensure when operating your machine that other persons are well clear, especially if reversing.
12. Ensure, if necessary, that you work with a Banksman and, if so, you are both sure before starting work, of the meaning of signals which may be used.
13. Check, prior to starting work, with the Site Supervisor or other supervision of the location of underground or overhead services. Do not approach or excavate within distances of services given in Chelmsford Demolition Ltd.'s Safety Policy, Method Statement and Risk Assessment.
14. Refrain from horseplay.
15. Know the location of fire-fighting equipment and know how to use it. Keep fire exits clear at all times.
16. Know the named First Aider on site and the location of first aid equipment.
17. Report any accidents which occur to the Site Supervisor immediately.

Individual Responsibilities for Health and Safety

STOREPERSONS

1. Understand Chelmsford Demolition Ltd.'s Health and Safety Policy.
2. Ensure that all scaffolding equipment sent to site from stores has been checked and is in good condition. Following visual inspection - if in doubt - reject all suspect kit.
3. Ensure that all electrical equipment and power tools sent to site from stores have been checked and are safe and in good condition and are not more than 110 volts.
4. Ensure that any other equipment, tools or materials sent to site from stores are suitable and safe when used for the purposes for which they are intended. If in doubt, ask for confirmation from technical staff or other competent persons.
5. Ensure that full instructions for the safe use of any article or substance is sent with the article or substance or check that full instructions are available on site.
6. Ensure that material or equipment delivered to the yard is stacked or stored in a position and manner which does not create a hazard.
7. Report any accident which results in damage or injury in accordance with Company Policy.
8. Ensure that visitors to Chelmsford Demolition Ltd.'s. premises are supervised and made aware of hazards such as moving vehicles and provided with PPE as necessary.

Individual Responsibilities for Health and Safety

PLANT MANAGER

1. Read and understand Chelmsford Demolition Ltd.'s Policy for Health and Safety and ensure that it is brought to the notice of all employees under your control.
2. Ensure that all plant sent to site is safe and fully efficient, is guarded and equipped with safety devices and has been tested and thoroughly examined in accordance with Regulations. Inspection records must be kept and be available upon request.
3. Ensure that all fitters are adequately trained and/or supervised when operating equipment, they are maintaining. Where necessary, liaise with the Internal Safety Rep and/or External Advisors to organise further training.
4. Ensure that any necessary safety instructions are issued with power tools or equipment.
5. Arrange for regular servicing and maintenance of all plant and ensure all defects are dealt with promptly.
6. Ensure that site management do not continue to use plant if defects which could affect its safety are reported.
7. Ensure that work in the workshop is carried out safely and under supervision.
8. All power tools and equipment must be inspected weekly with records of inspection kept.
9. Ensure that the site risk assessment is maintained and advise the Internal Safety Rep and/or External Advisors if additional hazards have been created/identified.
10. Ensure that all plant operators and fitters have been provided with any necessary protective equipment (ear defenders, goggles, gloves etc).
11. Co-operate with the Internal Safety Rep and/or External Advisors and act on his recommendations.
12. Ensure that all fire protection methods provided are adequate and maintained.
13. Ensure first aid facilities are provided and maintained.
14. Ensure all accidents are reported as required by Company Policy.
15. Set a good example by using and wearing any necessary protective clothing or equipment, where appropriate.

Individual Responsibilities for Health and Safety

PLANT OPERATIVES/DRIVERS

1. Read and understand Chelmsford Demolition Ltd.'s Safety Policy and carry out your work in accordance with its requirements.
2. Operate only the plant you are qualified to operate as per your CITB/CPCS (or any other suitable approved trainer) operator's certificate, unless being supervised by a competent operator during planned training session.
3. Carry out pre-use inspections of plant & equipment.
4. Ensure that any defect in the machine is reported immediately to the Plant Manager. Do not continue to operate the machine if the defect affects its safe use.
5. Never try to use the machine for work for which it was not designed, if in doubt, ask the immediate superior.
6. Ensure when operating your machine that other persons are well clear, especially when reversing.
7. Ensure, if necessary, that you work with a Banksman and, if so, you are both sure before starting work, of the meaning of signals which may be used.
8. Report all accidents or damage, however minor, to the supervisor.
9. Check, prior to starting work, with the Site Supervisor or other supervision of the location of underground or overhead services. Do not approach or excavate within distances of services given in the Chelmsford Demolition Ltd Safety Policy and Risk Assessments - stop if in doubt and check again with your supervisor.

Individual Responsibilities for Health and Safety

DRIVING COMPANY VEHICLES – All Employees

1. Make regular inspections of your vehicle for obvious defects as per the Highway Code. You will be personally responsible if fined by the police for faults with any company vehicle.
2. Ensure that any defect in your vehicle is reported immediately to the Transport Manager.
3. Get out of the cab of your vehicle when it is being loaded with loose materials (unless suitable means are provided to protect the cab).
4. Drive in a safe manner at all times and be particularly careful when driving on sites, consider the conditions of temporary access roads or roads that are under construction and being used for access purposes.
5. Ensure before reversing that there are no obstructions or people behind the vehicle. Preferably, ask someone competent to act as Banksman when you reverse.
6. Ensure that when you have tipped your load, you do not travel forward until the tipper body has returned to the travelling position. This is particularly important on sites with overhead services.
7. Report all accidents or damage, however minor, to the Transport Manager.
8. Ensure that any load on your vehicle is secured and not overloaded or loaded in such a way as to affect the handling of the vehicle.
9. Ensure that hazardous loads are carried in accordance with instructions, that any necessary signs are displayed, and appropriate documents are available in the cab.
10. Do not drink alcohol or take medication, which could affect your driving ability, before driving a vehicle. Stop if and when you are tired. On long journeys stop every two hours for at least 15 minutes to rest and refresh.
11. Do not use a mobile telephone whilst driving. Using a mobile phone whilst driving is dangerous and illegal if not on a handsfree unit. It affects the ability to concentrate and anticipate the road ahead, putting the driver and other road users at risk.
12. Do not smoke in company vehicles. Enclosed vehicles which one or more persons use for work are classed as no-smoking premises and covered by the Smoke-free Regulations 2007. The ban applies to cars, vans and lorries at all times if they can be used by one or more person, as a driver or passenger, in the course of paid or voluntary work regardless of whether they are in the vehicle at the same time.

Individual Responsibilities for Health and Safety

OFFICE PERSONNEL

1. Observe Chelmsford Demolition Ltd.'s Health and Safety Policy and any statutory legislation affecting your work, and make sure all office visitors are made aware while on the premises.
2. Be aware of the information contained within the office risk assessment and the necessary control measures to eliminate and reduce risks.
3. Use the correct equipment, materials and work methods. Avoid placing yourself or others in danger.
4. Do not try to use, repair or maintain any office equipment or machinery for which you have not received full instructions or training.
5. Do not attempt to lift or move articles or materials so heavy as to be likely to cause injury.
6. Use suitable access equipment when accessing high level areas.
7. Keep your office area clean and tidy. Ensure that gangways are kept clear.
8. Ensure that you are aware of the emergency procedures and the closest emergency exit.
9. Know and comply with the actions to be taken in case of fire and know the location of Fire Extinguishers and the correct use of them.
10. Know who the named First Aider is and the location of first aid equipment. Do not use first aid equipment and then fail to inform the responsible person that kits need replenishing.
11. Report any accident or damage to your superior.
12. Be aware of VDU glare and correct posture position required when operating VDUs in the office i.e. lighting, sitting and height positions, as per the Display Screen Equipment Regulations 1992.
13. There will be a designated responsible person for ensuring that all staff and visitors have vacated the office building and all other duties have been carried out in the event of an emergency.

Individual Responsibilities for Health and Safety

AUTHORISED SUB-CONTRACTORS

1. All sub-contractors must comply with Chelmsford Demolition Ltd.'s Policy for Health and Safety and Welfare and carry out work in accordance with its requirements and must ensure their own Company Policy is made available upon request.
2. All work must be carried out in accordance with the relevant statutory provisions taking into account the safety of others on site and the general public.
3. Full site-specific method statement and risk assessments must be provided for approval before starting work.
4. Employees of sub-contractors must be specifically trained for their roles. Failure to provide evidence of training will result in the employee being refused access on site.
5. All plant or equipment brought onto site by sub-contractors must be inspected before use and at least every seven days. Statutory inspection and service certificates for plant must be made available on site at all times.
6. No power tools or electrical equipment of greater voltage than 110 volts may be brought onto site and must conform to regulatory standards.
7. All accidents must be reported to the Chelmsford Demolition Ltd Site Supervisor/Manager immediately.
8. Sub-contractor's employees must comply with any safety instructions given by the Chelmsford Demolition Ltd.'s Site Supervisors.
9. Where contracted, sub-contractors will supply welfare that conforms to regulatory standards.
10. Sub-contractors will need to demonstrate periodic monitoring by internal and/or external safety representatives, may from time to time be audited by the Chelmsford Demolition Ltd Internal Safety Rep and/or External Advisors.
11. All sub-contractors must have a competent supervisor on site at all times that will monitor their works and communicate with the Chelmsford Demolition Ltd Supervisor/Manager.

RISK ASSESSMENTS

Risk Assessments will be undertaken by the appointed named competent person and the conditions and hazards of each site appraised. Risk assessment will be undertaken on all aspects of Chelmsford Demolition Ltd.'s operations and the basic formulations for the site health & safety plan as per the CDM Regulations 2015.

The risk assessments will identify:-

1. The task
2. Hazards
3. Who is at harm and how
4. Control measures
5. Residual risk

The site will be assessed using a basic risk assessment document and using a hazard checklist, which will outline the safety hazards according to each specific site.

Each job is different and each site will have their own unique task specific method statement which will incorporate a specific risk assessment relative to the particular activity.

The method statement and risk assessment will be communicated by the Site Supervisor/Manager to his team prior to starting work.

Risk assessments will be reviewed periodically by the management team and amended where necessary to reflect the works being carried out on site. All reviews will be recorded within the necessary amendment section of the method statement.

SAFE SYSTEMS OF WORK

Method Statements will be formulated by the technical manager with assistance from the estimating team and contract managers. Method statements will be issued and authorised (signed on both parts) before being issued to site.

Standard contents of the Chelmsford Demolition Ltd method statement will consist of:-

1. Scope of works
2. Briefings (inductions)
3. Welfare
4. PPE, Labour & Plant
5. Supervision
6. Site hazards & control measures
7. Demolition method
8. Risk assessments and COSHH assessments
9. Environmental considerations

High level risk activities will be controlled via a site-specific method of work but may also have to be carried out under a permit to work system - all permits are issued by the supervisor and signed off before workers can leave site.

RECORDS

To comply with current legislation and that of Chelmsford Demolition Ltd.'s. Management System, a detailed set of site records are completed for all works. All required records are provided to the supervisor within a site file for completion. The reason for keeping detailed records is so that Chelmsford Demolition Ltd can demonstrate a clear process and compliance with legislative requirements.

Records to be compiled and kept are:-

- Accident records will be kept covering all sites where Chelmsford Demolition Ltd is working
- Incidents that are considered dangerous even if no injury is recorded
- Site inductions
- Visitors to site
- Plant inspections
- Equipment inspections
- Waste collections
- Service drawings
- PPE issue and inspection
- Temporary works inspections
- Site diary system
- Lead exposure
- Asbestos exposure
- Noise exposure
- Vibration exposure
- Toolbox talks
- Training
- RIDDOR forms
- Scaffold inspections & hand over certification

Exposure record forms will be stored within the cloud-based computer system for a minimum of 40 years.

Where a contract has specific document record requirements, these will be implemented for the contract but not necessarily introduced into Chelmsford Demolition Ltd method statements.

PERMIT TO WORK

The objective of a permit to work system is to maintain close monitoring when high risk hazardous work is being carried out and the following points relating to the permit-to-work procedure should be taken into account:-

Specialised training may be required for the task being carried out.

The task would usually have been classified as high risk by the risk assessment.

The task may be complex - for example

- Electrical works
- Work in confined spaces
- Excavation works
- Welding and/or hot works
- Mechanical maintenance works

Permits to work provide a safety control system against accidental injury to personnel, plant and products when known hazardous work is undertaken and a document detailing the work to be done and the precautions to be taken before commencement of work will be issued and will:-

- Identify the work to be undertaken.
- Identify who will undertake the work.
- State the time period for which it is valid.
- Supersede all other instructions until it is cancelled.
- Specify the control measures to be put into place before work commences.
- Identify known hazards that remain a risk to the permit holder.
- Identify any emergency precautions and procedures which need to be put into place.
- Identify any first aid facilities which may be necessary.
- Identify any special welfare facilities which may be necessary.
- Identify any necessary personal protective equipment.
- Ensure that no other work than that specified is undertaken.
- Define the limits of the work and the working area.

Circumstances, locations and work tasks will be identified, and safe working procedures will be implemented and incorporated within the health and safety plan.

The permit will consist of four parts, Issue, Receipt, Clearance and Cancellation. All four parts must be signed and carried out before the permit can be cancelled.

FIRE SAFETY

Appropriate Fire Safety planning will be put into place, both for Chelmsford Demolition Ltd Premises, and temporary accommodation located on construction sites.

This planning will be in accordance with the requirements of the Regulatory Reform (Fire Safety) Order 2005 and Fire Prevention on Construction Sites and the Joint Code of Practice on the Protection from Fire on Construction Sites and Buildings Undergoing Renovation.

In order to comply with the Fire Safety Order a 'Responsible Person' will be appointed by name.

The Contract Manager for each site will be deemed as 'the responsible person' and the Internal Safety Rep and/or External Advisors for the head office. They must ensure that a Fire Risk Assessment is carried out and take reasonable steps to remove or reduce the risk from fire.

The Fire Risk Assessment will take into consideration dangerous substances likely to be on the premises that have the potential to cause harm or contribute to fire.

The named responsible person must provide a level of general fire precautions that should include:-

- Appropriate measures to reduce the risk of fire.
- Appropriate measures that will limit the spread of fire should one occur.
- Appropriate means of detection and giving warning in the event of fire.
- Appropriate measures to ensure that the means of escape from the premises can be safely and effectively used at all times.
- Appropriate portable fire extinguishers for the risk identified in relation to means of fighting fire on the premises.
- Appropriate signs, notices and lighting to enable persons to escape safely from the premise.
- Installation of a fire logbook within Chelmsford Demolition Ltd.'s. office and yard buildings.
- Put together an adequate evacuation plan.
- Maintenance of company equipment that could cause a fire if not maintained.
- Provide personal emergency evacuation plans for the vulnerable.
- Provide adequate training.
- Carry out periodic fire drills to ensure the effectiveness of the plans produced.

HOT WORKS – Oxy/Propane Cutting

Hot cutting will require a risk assessment to be carried out by a qualified competent person to ensure that the adequate collective controls are in place and that the correct RPE and PPE is used.

Hot Work Procedure

A “permit to work” system is one in which work may not commence until a responsible person has issued a written permit for authority to carry out the work.

The permit should only be valid for a limited period of time and should be a means of ensuring that:-

1. The area is made as safe as possible before the work starts.
2. Precautions are taken while the work is in progress.
3. The area is checked upon completion.

Communication will be established with the onsite Fire Warden to ensure that a properly managed plan for the cutting/burning work is in place and all those affected during the works are aware of the contingencies put in place.

Training

All operatives involved in Hot Works will have received the appropriate information, instruction and training.

All operatives will have received training in the recognition of fire hazards, identifying the correct type and the use of fire extinguishers.

All operatives will receive induction training specific to the site where the hot work is taking place, this will include the arrangements contained within the site-specific Fire Emergency Plan.

Preparation and Fire Prevention

When welding, cutting or grinding, the work area will be suitably segregated using non-combustible material. Care will be taken to ensure that hot particles of metal or sparks do not fall or encounter combustible materials.

Before starting hot work, the area must be cleared of all combustible material, including rubbish, not used as part of the process. Exposed wooden flooring and other items of combustible material, which cannot be removed, must be covered with a non-combustible material, drenched with water or covered with wet sand and monitored throughout the works.

The area must be restricted to authorised personnel only, using appropriate prohibition and mandatory signage.

If work is to take place on one side of a wall or partition, or where pipe work passes through fire resisting construction, the opposite side must be examined, both during and after work to ensure no combustible material will be ignited by conducted heat.

Guards or covers of non-combustible material will be used to prevent hot particles passing through openings in floors and walls. Care will be taken if working above ground floor level or over a basement.

Gas cylinders will be secured in a vertical position on a trolley and fitted with a regulator and flashback arrestor.

Ensure that any areas, i.e. trenches or pits, where vapours could accumulate are ventilated.

Suitable CO2 extinguishers will be provided, and a careful watch kept for fire breaking out whilst work is in progress.

Fire detection systems will be protected to prevent false alarms following agreement with the onsite Fire Warden responsible for the management of the detection system.

Arrangements for the immediate reinstatement of fire detection systems will take place as soon as hot cutting/burning work is completed.

Personal Protection

Operatives will be supplied with the correct level of personal protection including but not limited to:-

- Flame proof overalls
- Protective boots
- Gloves
- Head protection
- Eye protection
- Hearing protection
- Respiratory Protective Equipment

Health Surveillance

Individuals will be subject to Chelmsford Demolition Ltd.'s Health Surveillance procedures.

Records of exposure to fumes and lead from burning, and hot cutting activities will be collated and kept on secure individual personal records.

PRECAUTIONS

The person carrying out this check should tick as appropriate those precautions, which have been taken. Those, which are not relevant, should be marked with a cross.

Hot work area

- Loose combustible material cleared.
- Non-movable combustible material covered.
- Suitable extinguishers to hand.
- Gas cylinders secured in a vertical position on a trolley.
- Gas cylinders fitted with a regulator and flashback arrestor.
- Other personnel who may be affected by the work removed from the area.
- Fire watcher appointed, checks to be made every 15 minutes minimum.
- Toolbox talk given on fire fighting and raising the alarm.

Work on walls, ceilings or partitions

- Opposite side checked and combustibles moved away.

Welding, cutting or grinding work

- Work area screened to contain sparks.
- Area supervised for 1 hour after work has been completed.

Warden to inspect the works at least every 15 minutes

EMERGENCY PROCEDURES

The Contract Manager and Internal Safety Rep and/or External Advisors will ensure that all sites have detailed emergency procedures in place to deal with potential emergencies whilst carrying out demolition works.

The types and nature of the emergencies will vary from site to site, however the standard procedures would typically include:-

- Fire
- Injury to any person on site
- Scaffold collapse
- Overturning plant
- Uncontrolled collapse of a structure
- Asbestos exposure
- Near misses
- Identification of unexploded bombs
- Cable and/or service strike (electricity, gas and/or water)

ACCIDENTS/INCIDENTS AND NEAR MISSES

Chelmsford Demolition Ltd is aware that it is vital to record all accidents/incidents and good practice to monitor the number and type of accidents which are recorded. The number and pattern of all accidents/incidents will provide an indication of circumstances, activity or equipment which are causing accidents and show if risks are being adequately controlled. All accidents/incidents will be investigated by a competent person.

Employees will report all accidents/incidents to their supervisor and should ensure that the details are entered in the Site Accident Book and conforms to the Data Protection Act requirements.

The Supervisors will arrange for an Incident Report Form to be completed. Accidents to contractors, visitors and members of the public will always be recorded in detail on an Incident Report Form. Where appropriate, written statements will be obtained from those who witness an accident or dangerous incident/near miss, which in the initial stages, is for information only. A copy of the Incident Report and witness statements, where appropriate, will be sent to the Managers and Site Owner/Agent's Insurance Department. Failure to report an incident may result in loss of cover in the event of an insurance claim.

FORMAL REPORTING OF INCIDENTS UNDER RIDDOR

Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR) places a legal duty on:-

- Employers
- Self-employed people
- People in control of premises

to report all work-related deaths, major injuries or over 7-day injuries, work related diseases and dangerous occurrences (near miss accidents).

In the event of death, injury, dangerous occurrence or diagnosis of disease that falls within the remit of RIDDOR, the Internal Safety Rep and/or External Advisors will liaise with the Site Supervisor/s, Contracts Manager and Directors where appropriate.

INVESTIGATING ACCIDENTS/INCIDENTS ON SITE

Investigating and learning from Accidents/Incidents that have taken place can prevent a re-occurrence and is an essential part of risk assessment review.

Details of all incidents will be reported on an Incident Report Form and the appropriate responsible person will carry out a preliminary investigation and consider the following:-

- Are photographs, sketches or measurements appropriate and available?
- Have witnesses given statements?
- Could the incident have been prevented?
- Could the incident have resulted in a worse outcome?

This preliminary report will be passed to their Line Manager who will carry out a more detailed or specific investigation if necessary. The results of all investigations will be recorded, and a de-briefing session will be held for the relevant personnel on site, especially if changes are implemented.

FIRST AID

With reference to Health and Safety (First Aid) Regulations 1981 the Directors will provide or ensure the provision of equipment and facilities which are relevant for enabling first aid to be rendered to employees when they are injured or become ill at work. Provision will be made for “suitable persons” to administer first aid who are both trained and hold current certification.

To ensure adequate provision of first aid needs, consideration will be given to:-

- Workplace hazards
- Size of the organisation
- Accident records
- Nature of the work force
- Location of the site in relation to emergency medical resources
- Cover for absence of first aiders and appointed persons
- Trainees and the general public
- Specific requirements of current legislation

A new updated guidance document L74: third edition is now available from HSE.

MONITORING

Initial monitoring of health and safety procedures will be carried out on sites by Site Supervisors (daily) Contract Managers (on site visits) Internal Safety Rep and/or External Advisors (during visits and audits) Company Directors (during site visits). Monitoring of health and safety procedures at Chelmsford Demolition Ltd.'s. office and salvage yard will be done by the relevant manager of area in conjunction with the Internal Safety Rep and/or External Advisors.

The Internal Safety Rep and/or External Advisors will provide advice and training where appropriate, instruct on remedial action, if necessary. The Internal Safety Rep and/or External Advisors has the authority to stop work on any company premise or site if he/she considers that personal safety is being put at unnecessary risk.

Regular monitoring of company procedures will be carried out both internally and externally by the Group Internal Safety Rep and/or External Advisors and external safety advisors. Audits/Inspections will be compiled, and trend analysis gathered to identify companywide strengths and weaknesses.

The Health and Safety Policy will be reviewed regularly and revised annually and/or, as necessary upon changes in legislation, best practice, guidance, accident or incident or change in personnel and machinery.

TRAINING

The Managing Director acknowledges that a regular process of training and retraining in accordance with their work needs will enhance employee competence and Chelmsford Demolition Ltd.'s business output and lower the risk of accident and incident.

Chelmsford Demolition Ltd will aim to ensure that all site-based staff and managers that visit sites will hold an industry specific card, CCDO, CSCS, CPCS, NPORS etc.

All new employees will be inducted by a member of the management team prior to being allowed access to any company site and will be encouraged to undertake such other training as required for their relevant trade. All training undertaken will be subject to assessment and review.

A training budget will be agreed and set by the Managing Director following consultation with the management team. All employees will be considered for further training based upon their personal abilities, performances on site and the needs of Chelmsford Demolition Ltd.

The Directors will ensure that any employees are provided with all necessary health and safety training upon recruitment, considering the physical, mental and psychological abilities as well as experience. Basic industry training for all demolition workers will include:-

- Company induction
- Demolition awareness (in-house or NDTG approved, *which will cover exposure to and control of manual handling, noise, vibration, plant movements, work at height, COSHH, fire, banksman and legislative requirements such as equipment inspections, maintenance and safe use*)
- Asbestos awareness
- Health and safety CSCS safety test
- Regular toolbox talks will be given to refresh employee knowledge whilst on site

Depending on company needs, further training will be given in specialised areas.

Suitable training for the work activities undertaken will be periodically repeated and will take place during normal working hours as per Management of the Health and Safety at Work Regulation 1999.

We will also deliver a short training session/toolbox talk on quality standards, equality, diversity, English language arrangements and anti-bribery to ensure that all staff are aware of what is required of them.

All training records will be kept in the relevant employees' files and in a training matrix and refresher training will be given as and when necessary.

Signed By: Mr James Bailey – Managing Director



30th September 2024

YOUNG PEOPLE AT WORK

All Risk Assessments need to take account of certain features which apply to young people. Young people are those below the age of 18 and special considerations for wellbeing at work is a legal requirement.

The Risk Assessment

Before employing a young person, we will conduct a health and safety risk assessment which takes these specific factors into account:-

- The nature of any physical, biological and chemical agents they will be exposed to, for how long and to what extent.
- What types of work equipment will be used and for how long.
- How the work and processes involved are organised.
- The need to assess and provide health and safety training.
- Risk from the agents, processes and work.

Restrictions on the work of young people

The extent of the risks we identify in the risk assessment will determine whether we should restrict the work of the young people we employ. Except in special circumstances, we would not employ young people to do work which:-

- Is beyond their physical or psychological capacity.
- Exposes them to substances chronically harmful to human health.
- Involves a risk of accidents which they are unlikely to recognise because of their lack of experience, training or attention to safety.
- Involves a risk to their health from extreme heat, noise or vibration.

These restrictions will not apply in 'special circumstances' where young people are doing work necessary for their training, under suitable supervision by a competent person, and providing the risks are receded to the lowest level.

STRESS & MENTAL HEALTH

If employees are subjected to very intense or prolonged pressures, this can lead to suffering work related stress. This can lead to a range of symptoms, including anxiety and headaches as well as more serious ill health conditions such as heart disease and a wide variety of mental health conditions.

Chelmsford Demolition Ltd will tackle work related stress and mental health conditions by treating it like any other workplace health hazard. We will assess the risk posed by it and take action to eliminate or control the problem. Chelmsford Demolition Ltd will take reasonable care to ensure that employee's health is not put at risk through excessive or sustained levels of stress, and applies to the way work is organised, the way people deal with each other and other day to day demands placed upon the workforce.

Chelmsford Demolition Ltd will ensure that good management and regard for their employees are addressed to reduce stress levels and will adopt a consistent approach when dealing with staff and setting up good communication systems with employees to help reduce stress levels.

We recognise that mental health is a serious issue in the UK and contributes to high numbers of suicides, especially amongst men aged between 25 and 40. We operate an open-door policy and welcome any employee to come forward if they are struggling with any form of mental illness. As a company, we can provide you with the necessary contact details so that you can speak with specialists about your illness and so that we can make reasonable adjustments to your work with Chelmsford Demolition Ltd to keep you safe.

Fatigue Management Policy

As part of our overall Health and Safety Policy, Chelmsford Demolition Ltd recognises that fatigue is a major health and safety risk that we must effectively control. We are committed to managing and mitigating fatigue risks and ensuring that our staff receives enough rest to perform their duties safely, thereby reducing potentially dangerous mistakes or actions that could affect employees, visitors, and members of the public.

Fatigue can be caused by many factors, for example – job design and workload, the working environment and number of hours worked. Fatigue can reduce mental alertness and concentration and affect performance and perception of risk.

To avoid this, the Company ensures that:

- Staff know how many hours of work their job involves and do not exceed these.
- Staff are encouraged to take regular rest breaks throughout the day in addition to their meal and refreshment breaks.
- Driving hours are regulated by a digital tachograph which is monitored by the FTA.
- Staff do not work at weekends, unless absolutely necessary and they opt out as per the working time regulations.
- Staff are encouraged to have regular eye tests.
- Staff take their full holiday entitlement.
- Management will monitor the workloads to ensure that staff are not overloaded.
- Management will offer discretionary time off for personal and family commitments within the working day to leave personal time free for rest.
- The working environment is comfortable eg. Good ventilation, lighting, and temperatures.
- Chairs are adjustable and equipment is positioned at the correct height.
- Encourage staff to be vigilant in looking out for the signs of fatigue and recognising symptoms in their fellow workers.
- Management are authorised to prevent any member of staff commencing their work or continuing their work if they believe the person is unfit due to fatigue.

This policy runs in conjunction with other Company Policies:

- Health and Safety Policy
- Alcohol and Drugs Policy
- Drive Safe Policy
- Stress Policy

PERSONAL PROTECTIVE EQUIPMENT

Personal Protective Equipment will be provided where other control measures have been considered inadequate as per Personal Protective Equipment at Work Regulations 2022

The Directors will:-

- Provide personal protective equipment free of charge (see exemption below)
- Maintain, clean and replace PPE as and when necessary.
- Provide storage for PPE when not being used.
- Ensure PPE is suitable for its intended use.
- Ensure PPE is used properly.
- Provide information training and instruction for use and maintenance of PPE.
- Will also provide limb workers ppe free of charge (e.g those who are not contracted but provide a service on a more casual work contract) www.hse.gov.uk/ppe/ppe-regulations-2022.htm

Exemption: Chelmsford Demolition Ltd will provide safety boots free of charge, up-to the value of £40.00. Boots costing more than £40.00 will be made available, however, employees will be expected to cover the difference.

Where a contract requires specialised personal protective equipment and training in the safe use and maintenance of such PPE, Chelmsford Demolition Ltd will provide all that is necessary free of charge.

PPE is considered the last resort under the HSE's Hierarchy of Control and the use of can often hinder or increase risks. The management team will always explore all other possible controls before considering the use of PPE.

COMMUNICATION OF INFORMATION

The Operations/Contracts Manager will establish meetings with sub-contractors to:-

- Ensure a clear line of communication on site is maintained.
- Resolve problems which have arisen.
- Discuss health and safety issues e.g. performance standards, procedures, rules, training needs.
- Preparation of information required by others.
- Circulate information e.g. risk assessments, posters, relevant legislation.
- Arrange induction/toolbox talks.

CONSULTATION WITH EMPLOYEES

Chelmsford Demolition Ltd acknowledges its responsibility to make available to all employees, either directly or via 'representatives of employee safety', information relating to their Health and Safety at Work. Consultation will be maintained with employees on all projects especially when task briefings and tool box talks are given. Employees will be actively encouraged to participate and raise any queries they may have relating to health and safety, or any suggestions they may have on improvements to health and Safety.

In particular, consultation will take place over matters relating to:-

- a) The introduction of any measure at the workplace which may substantially affect the Health and Safety of those employees.
- b) The arrangements for appointing or nominating persons in accordance with The Workplace (Health, Safety & Welfare) Regulations 1992.
- c) Any Health and Safety information required to be provided under the relevant statutory provisions.
- d) The planning and organisation of any Health and Safety training.
- e) The Health and Safety consequences of the introduction of new technology.

Chelmsford Demolition Ltd will arrange and hold periodic company meetings involving operatives, supervisors and managers to discuss the findings of recent monitoring, performances and other relevant safety information. These meeting may be split into their status category so that the meetings can be controlled and productive.

SITE WELFARE

It is Chelmsford Demolition Ltd.'s policy to equip all sites with adequate welfare facilities and these will include but not limited to:-

- Canteen with warm running water and adequate heating.
- Toilet facilities - both male and female (separate if practicable).
- Shower facilities (if full body washing is required due to work practices).
- Drinking water.
- Seating with back support.
- Provision of equipment to prepare a hot meal (kettle and microwave).
- Site office (this may be a self-contained welfare van on smaller contracts).
- Hand washing facilities.

It will be the responsibility of the Site Supervisor, assisted by site personnel to ensure that site welfare facilities remain in a clean and hygienic state at all times.

MEALTIMES & TEA BREAKS

No employees taking breaks, mealtimes or otherwise, should enter the canteen in work overalls. All employees should thoroughly wash their hands, and in some cases, shower before taking meal breaks, to prevent contamination to themselves or others. The basic hygiene rule is of the utmost importance when related to employees working with lead based materials, toxic materials and other harmful substances.

VIOLENCE IN THE WORKPLACE

Physical force is an obvious example of violence, but it can also take the form of verbal abuse, threatening behaviour and sexual harassment. Care must be exercised as hazardous situations may occur when dealing with an irate member of the public, and every effort should be made to handle the situation in a calm and courteous manner. If this is not possible then the police should be called to deal with the incident. Any employees involved in violent or aggressive behaviour on site will be subject to company disciplinary procedures.

DRUGS AND ALCOHOL

Chelmsford Demolition Ltd is aware that they have a general duty under the Health & Safety at Work Act 1974 to ensure as far as reasonably practical, the health, safety and welfare of their employees and Chelmsford Demolition Ltd will not knowingly allow an employee under the influence of alcohol or drugs to continue working. Employees are required to take reasonable care of themselves and others who could be affected by their actions.

Alcohol and drugs (other than prescribed medication) are forbidden on all Chelmsford Demolition Ltd sites. Employees who have drunk alcohol or misused drugs are a hazard to themselves and others. Chelmsford Demolition Ltd recognises the need to address the effects of drink and drug misuse in the workplace and is committed to developing good working practices throughout the workforce. These practices will include Chelmsford Demolition Ltd ensuring only non-alcoholic drinks are available in site welfare facilities.

Alcohol/drugs screening is a very sensitive issue and is not the complete answer caused by drug/alcohol misuse. *Chelmsford Demolition Ltd reserves the right to carry out random D&A testing to ensure the safety of all employees at work.* Where random testing is to be considered, notice will be given in advance to all sites, of at least 30 days. Chelmsford Demolition Ltd reserves the right to amend an employee contract by giving written notice of that change and a time period of no less than 30 days for the employee to comment, refuse or accept the change. Chelmsford Demolition Ltd Supervisors have been trained in the use of D&A swab test kits and have them available on site. If the supervisor feels that any person is under the influence, they can request that an instant test is carried out. If a test is refused, the employee will be refused access to site and requested that they remain in the site welfare or arrange for collection from site, for their own safety. If the test is taken and a result of non-negative is returned, again the employee will be requested to stay in the welfare facilities or arrange collection from site. At the end of the day they will be taken home (if not collected) from site and requested that they contact senior management before returning to site.

Procedure for Positives Test Results (Optional)

1. Employee will be removed from the work face and requested to stay in the welfare unit/area. They can leave site if they wish but will not be permitted to take company vehicles or property with them. They will be requested to attend Chelmsford Demolition Ltd head office for a disciplinary meeting within 24-48 hours and will need to pass a D&A test before being permitted back to site. At this meeting they will be advised that they will be tested again at any point within a six-week period.
2. If they fail the test taken within the six-week period, the above process is repeated and further disciplinary given. They will also be requested to acknowledge that Chelmsford Demolition Ltd will now test them at random each week, for a period of 6-8 weeks at their own cost, approximately £18.00 per test. If they refuse these terms without any reasonable justification, Chelmsford Demolition Ltd reserves the right to terminate their employment contract with immediate effect.
3. If they fail any tests during the above six-eight-week period, Chelmsford Demolition Ltd reserves the right to terminate their employment contract with immediate effect. Failure of any further tests within a twelve-month period will result in immediate dismissal for gross misconduct.

DEALING WITH AN EMPLOYEE WITH A POSSIBLE DRUG/ALCOHOL PROBLEM

- Employees with a drink/drug problem have the same rights to confidentiality and support as they would if they had any other medical or psychological condition.
- Disciplinary action will be a last resort. A Court may find dismissal unfair if an employer has made no attempt to help an employee whose work problems are related to drinking alcohol.
- Many people with an alcohol/drug problem are able in time to regain full control over their drinking and drugs habit and return to their previous work performance.
- Employees need to know that their drinking/drug problem will be treated as a health problem rather than an immediate cause for dismissal or disciplinary action.
- If an employees' drinking/drug taking is a matter of concern they will be encouraged to seek help from their GP or specialist occupational health specialist.
- A health surveillance program will be addressed, and Chelmsford Demolition Ltd will provide contact details of an occupational qualified Health Nurse to monitor any suspected drug abuse and provide guidance on rehabilitation.

Signed By: Mr James Bailey – Managing Director

A handwritten signature in black ink, appearing to read 'J Bailey', with a horizontal line underneath.

30th September 2024

WORKTIME POLICY – Working Time Regulations 1998

A worker is someone who has a contract of employment or someone who is paid a regular salary or wage and works for an organisation, business or individual. This includes part-time and temporary workers and the majority of agency workers and freelancers. Self-employed or people running their own business and are free to work for different clients and customers, the Regulations do not apply.

Workers cannot be forced to work for more than 48 hours a week on average, but a worker can agree to work longer than the 48-hour limit and the agreement must be in writing and signed by the worker. This is referred to as an 'opt out', which can be cancelled whenever wanted although an employer must be given 7 days or longer if this has been previously agreed. The average weekly working time is normally calculated over a 17-week period.

A worker is entitled to:-

- 11 uninterrupted hours between each working day.
- One whole day off a week.
- A break of 20 minutes if working for more than six hours in one day.
- The right to a minimum of 5.6 weeks paid leave per year including bank holidays.
- Paid leave at their normal weekly wage/rate.

The Amendment Regulations cap the total amount of statutory holiday at 28 days. Therefore, a worker working for six days a week entitled to 24 days holiday under the WTR will only be entitled to a total of 28 days holiday after 1 April 2009.

The increase in holiday entitlement is calculated proportionally depending on when the employer's leave year starts. For employers whose holiday year starts on 1st January, workers' holiday entitlement will not increase by an exact number of days. However, the Government has provided an online calculator to make it simpler for everybody to work out their new holiday entitlement.

<http://www.dti.gov.uk/employment/holiday/page40455.html>

DEFAULT RETIREMENT AGE

The full abolition of the Default Retiring Age took effect in October 2011. Under the new regime, employees will be able to work indefinitely, unless the employer intervenes under any of the following three options:-

- Not setting a contractual retirement age.
- Setting a retirement age for the whole work force.
- Applying a retirement age to specific roles.

If Chelmsford Demolition Ltd chooses not to set a contractual retirement age but then wants to retire an employee, they will either have to negotiate a departure date by way of a compromise agreement or by managing departure through the capability procedure.

To implement a workforce wide retirement age, Chelmsford Demolition Ltd will justify the age chosen and will show justification for applying it to all roles within the business.

If Chelmsford Demolition Ltd chooses to set individual retirement ages for each position within Chelmsford Demolition Ltd, then we will justify it in each individual case.

SITE METHOD STATEMENT AND ASSOCIATED WRITTEN RISK ASSESSMENTS

The Method Statement complements this Health and Safety Policy. Reference should be made to it to obtain procedures required to be followed for the following safe use of: -

1. ABRASIVE WHEELS 2. ASBESTOS REMOVAL 3. SHOT BLASTING 4. CARTRIDGE TOOLS 5. CHAIN SAWS 6. AIR TOOLS 7. CRANES 8. DEBRIS CHUTES/DROP ZONES 9. ELECTRICAL EQUIPMENT 10. CONFINED SPACES 11. ENVIRONMENTAL EFFECTS 12. EXCAVATIONS 13. FALSEWORK 14. FORKLIFT TRUCKS 15. EXCAVATORS 16. TELEHANDLERS 17. DUMPERS 18. SKIDSTEERS 19. HIGH PRESSURE JETTING 20. HOISTS 21. SCAFFOLDS 22. ACCESS EQUIPMENT 23. LIFTING	24. LPG 25. DIESEL 26. COSHH ITEMS 27. MANUAL HANDLING 28. NOISE 29. VIBRATION 30. PPE 31. UNDERGROUND SERVICES 32. WELDING 33. HOT CUTTING 34. OXYGEN 35. WORK AT HEIGHT 36. WORK ADJACENT THE RAILWAY
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The above list is not exhaustive and can be added to dependent on the business and contractual requirements.

SUB-CONTRACTORS

Sub-contractors will comply with any measure deemed necessary by Chelmsford Demolition Ltd to maintain a safe system of work.

Site Supervisors have the full authority of the Managing Director to take appropriate measures towards sub-contractors to ensure safe working methods at all times.

Sub-contractors will be required to demonstrate their commitment to health and safety.

Before a sub-contractor is appointed, they will be vetted by the management team. All sub-contractors will be required to supply the following information:-

- Company Registration Certificate.
- Health, safety, environment and welfare policy (signed and current).
- Trading address and contact details.
- Bank details for payment.
- VAT if applicable.
- Insurance certificates.
- Details of any enforcement action by local authority .
- Details of any legal action taken against Chelmsford Demolition Ltd or director/s.
- Environmental prosecutions.
- Quality, safety and environmental management systems (accredited or not).
- Training matrix and example certification held by operatives, supervisors and managers.
- CV or internal and external safety representative.
- Copies of recent performance monitoring.
- Minutes of safety meetings.
- Accidents/incident statistics of the last 3 years.
- SSIP membership details and current certification.

THE CDM REGULATIONS 2015 – Chelmsford Demolition Ltd as Sub-Contractor

Where Chelmsford Demolition Ltd is employed as the sub-contractor on a project, in order to comply with the requirements of these regulations we will:-

- Co-operate with the Principal Contractor so as to enable each of us to comply with the duties under the regulations.
- As far as reasonably practicable, provide the Principal Contractor with any information which could prevent injury to any persons that could be affected by our works.
- Comply with any instructions given to us by the Principal Contractor providing such instructions are safe and within legislative requirements.
- Promptly provide the Principal Contractor with information in relation to any death, injury, condition or dangerous occurrence which he is required to notify or report to the Health and Safety Executive by virtue of the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013.
- Provide information to the Principal Designer that would be necessary for inclusion within the health and safety file.

THE CDM REGULATIONS 2015 – Chelmsford Demolition Ltd as Principal Contractor

The Construction (Design & Management) Regulations 2015 came into force on 6th April 2015 supported by HSE Guidance L153.

When Chelmsford Demolition Ltd is appointed as the Principal Contractor for any project the Director/s, who will be aided by the management team will:-

- Plan, manage and monitor the construction phase in liaison with the Principal Designer.
- Produce job specific safe systems of work and deliver regular task briefings to the entire workforce.
- Work closely with and co-operate with the Client and Principal Designer.
- Ensure that relevant parts of the pre-construction information are passed on to the contractors.
- Ensure that all workers have specific and correct training required for the jobs which they undertake.
- Check that the Client is aware of CDM duties and confirm that a Principal Designer has been appointed.
- Liaise with the Principal Designer regarding ongoing design.
- Ensure that the site has adequate security.
- Plan, manage and monitor our work and that of our workforce.
- Check the competence of all our sub-contractors and our employees.
- Take reasonable steps to ensure co-operation between all contractors (whether they are sharing the construction site for the purposes of regulation 11 of the Management of Health and Safety at Work Regulation 1999 or otherwise) so far as it is necessary to enable each of those contractors to comply with the requirement and prohibitions imposed on him by or under the relevant statutory provisions relating to the construction work.
- Ensure welfare facilities are in place.
- There will be regular management meetings undertaken to raise any health and safety issues and to make improvements as and when required.
- Ensure, so far as reasonably practicable, that every contractor and every employee at work in connection with the project complies with any rules contained in the Health and Safety Plan.
- Take reasonable steps to ensure that only authorised persons are allowed into any premises or part of premises where construction work is being carried out.
- Display all necessary mandatory notices.
- Co-operate with the Principal Designer and provide any information that he/she is asking for.
- Provide detailed site rules, that will be communicated during induction and placed within the welfare.
- Ensure all sub-contractors comply with the construction phase plan and that their employees have the necessary training to be on our site.

TEMPORARY WORKS

Temporary Works in the form of temporary supports or structures are often required to ensure the safety and stability of structures during excavation and demolition.

In accordance with the CDM Regulations 2015 temporary works must be designed and installed by competent persons in a safe and timely manner. The skills, knowledge and experience of the designer will depend upon the extent and complexity of the structure concerned. Temporary supports or structures used to support permanent structures will only be erected or dismantled under the direct supervision of a competent person as required by the CDM Regulations 2015.

TEMPORARY WORKS COORDINATOR

The role of Temporary Works Coordinator is to control, monitor and supervise implementation of commonly encountered temporary works and raise the risk awareness.

British Standard 5975 sets out one way of managing temporary works (TW) that has been found to work well on medium and large projects and uses the job title Temporary Works Coordinator (TWC). There is no legal requirement to use this job title or the BS recommended process, but BS5975 provides an industry consensus view on what is considered to be good practice. The legal requirement is that the party in control must ensure that work is allocated and carried out in a manner that does not create unacceptable risk of harm to workers or members of the public. On projects with relatively simple TW needs, we may choose not to appoint a TWC. However, Chelmsford Demolition Ltd will still make sure that TW are properly managed to ensure safety.

As and when necessary, Chelmsford Demolition Ltd will appoint a Temporary Works Coordinator and/or Temporary Works Supervisor.

Training will be provided to enable the person/persons appointed as Temporary Works Coordinator or Temporary Works Supervisor before commencement, or these appointments may be made with an external organisation whose competence has been checked.

The minimum standard for persons to fulfil these roles will be the CITB Site Safety Plus Temporary Works Coordinator two-day training Course.

The Temporary Works Coordinator will:-

- Be aware of specific temporary work situations.
- Be aware of the effect of change in site condition or method of working on temporary works and how to react.
- Be familiar with BS 5975 and work within its recommended processes.
- Understand:-
 1. The process required to implement temporary works in construction.
 2. The duties and responsibilities of the Temporary Works Coordinator.
 3. The specific role and duties of the Temporary Works Supervisor.
 4. The relationship of temporary works to the CDM and Health & Safety legislation.

CONTROL OF ASBESTOS REGULATIONS 2012

The Control of Asbestos Regulations 2012 came into force on 6th April 2012, updating previous asbestos regulations to take into account the European Commission's view that the UK had not fully implemented the EU Directive on exposure to asbestos.

Chelmsford Demolition Ltd will ensure all workers involved with>NNLW will have medicals by the end of April 2015 and every 3 years thereafter, medical examinations and exposure records will be kept for 40 years.

For notification of work with asbestos that is non-licensable, Chelmsford Demolition Ltd will notify the appropriate enforcing authority of the work being carried out.

Chelmsford Demolition Ltd will:-

- Conduct R&D Survey to all buildings due for demolition with all suspect material to be analysed for their asbestos content.
- If no analysis is available, it will be assumed to be asbestos.
- If licensed asbestos is identified, it will be under the control of a licensed contractor.
- Remove, clear up and bag non-licensed waste as soon as possible to a licensed tip.
- Supply and wear suitable and approved face respirator and overalls etc.
- Decontaminate after working with asbestos and wash hair carefully.
- Segregate working areas so others are not affected.
- Provide adequate information, instruction and training for asbestos removal.
- Provide adequate emergency procedures if unidentified asbestos is located.
- Notify the local authority prior to carrying out Notifiable Works.

In the event that during normal working processes, suspect asbestos materials are found, such as asbestos boarding, lagging, pipework, flanges, packing and asbestos coated tiles, work is to cease immediately, and an asbestos specialist company is to be notified immediately for analysis to be carried out.

Chelmsford Demolition Ltd will protect employees and anyone who may be affected by their exposure to asbestos. They will reduce exposure to asbestos as low as is reasonably practicable.

COMPLIANCE WITH COSHH

With reference to Control of Substances Hazardous to Health Regulations 2002 (amended 2004) which applies to substances which are hazardous to health except for those prescribed under legislation, the Internal Safety Rep and/or External Advisors will:-

- Ensure that clear instructions are given to all staff, that dangerous substances must not be used without a prior written risk assessment.
- Obtain information/data from the supplier/manufacture as to its toxicity or potential to cause harm.
- Ensure a written assessment of the relative risks is prepared by a competent person.
- Identify the control measures for its safe use.
- Ensure all staff are aware of the routes of entry.
- Where possible eliminate its use by substituting for a less harmful substance.
- Minimise exposure to the lowest practicable level.
- Ensure exposure is below workplace exposure level (WEL) for the substance.
- Provide where necessary personal protective equipment (PPE).
- Provide health surveillance where necessary.
- Provide any necessary information, instructions and training in the safe use and storage of the substance.
- Monitor working practices in the use of a substance to ensure they remain adequate and record exposure in certain cases, as necessary, to make sure that control measures are effective.
- Ensure competent supervision is provided.
- Where necessary ban smoking, eating or drinking in some areas.
- Limit the number of people who might be exposed.
- Ensure that spill kits and emergency procedures are available.
- Adequate first aid provision for each substance at the workplace.
- Provide suitable disposal facilities for empty containers and/or inherited substances on new sites.

WORK RELATED CONTACT DERMATITIS

Work related contact dermatitis is a skin disease caused by contact with certain substances whilst at work. It is often called eczema and develops when the skin's barrier layer is damaged. This leads to redness, itching, swelling, blistering, flaking and cracking. The most susceptible parts of the body are the hands, followed by the forearms and face. It can be severe enough to keep people off work or even force the change of job.

There are three types of dermatitis and cause different reactions to the body:-

- Allergic
- Irritant
- Urticaria

The main causes of contact dermatitis are as a result of frequent contact with:-

- Toiletries
- Chemicals
- Detergents
- Natural products
- Building materials such as cement
- Solvents
- Oils
- Frequent contact with water

Frequent contact with water/chemical mixtures which cause dermatitis, fall under the requirements of current COSHH Regulations.

Prevent dermatitis developing by:-

- Avoiding direct contact of the skin with the substances as listed above.
- Use machinery and tools for handling substances instead of using hands.
- Always wear gloves in good condition and made from a suitable material, when handling substances.
- Replace gloves as and when necessary.
- Wear protective clothing as and when required.
- Keep a safe working distance.
- Moisturise your hands to replenish the skin's natural oils.
- Check your hands regularly for the early stages of dermatitis, i.e. itchy, dry or red skin.

Any symptoms should be reported to your supervisor, as treatment is much more effective if dermatitis is caught early.

EXPOSURE TO BIRD DROPPINGS RISKS

Ornithosis: an infection causing flu or pneumonia-like symptoms from inhaling dust contaminated with exudates from infected birds. Not common but could be fatal.

Extrinsic allergic alveolitis: from sensitisation to proteins in bird droppings. Again, not common but could be serious.

Stomach upset/gastro-enteritis: from ingestion of bacteria in bird droppings, especially where hygiene is inadequate.

SCALE

There is little evidence that ill-health from exposure to bird droppings is a major source of ill health in construction, but it is also likely that many cases of ill health which do occur, especially gastro-enteritis, are not identified as occupational, so sensible precautions should be taken, which would include:-

SYSTEM OF WORK

Transmission occurs by inhalation of dry dust, so dustless methods are recommended when cleaning up droppings/feathers. Wetting down of dry deposits may be helpful, but operatives should avoid water jetting, which would create contaminated aerosols. Scraping and scooping up with shovels is acceptable so long as the material is not dry and dusty, in which case it should be dampened down. A safe system of work should include keeping others without suitable respiratory protection away from the area where the removal work is being done.

A high standard of washing facilities should be provided and before smoking, eating or drinking, hands and exposed skin should be thoroughly washed. Smoking, eating and drinking should not be allowed in or adjacent to contaminated areas.

Care should be taken where work is carried out in or close to buildings such as hospitals where there may be immune-compromised people.

PERSONAL PROTECTIVE EQUIPMENT

There are reports that ornithosis can spread from person to person and this could happen if contaminated clothes were taken home for laundering, so for removal of significant contamination, disposable coveralls and gloves should be used. Respiratory Protective Equipment (RPE) should also be provided and used. Disposable filtering face pieces (P3) should provide sufficient protection, provided they are used properly. Ventilated visors or orinasal particulate respirators may be suitable but must be decontaminated after use. Further information on selection and maintenance of RPE may be obtained from HSG53 'The Selection, Use and Maintenance of Respiratory Protective Equipment' HSE Books 1998 ISBN 0 7176 15375.

FURTHER INFORMATION

Further, general advice is available in the HSE publication entitled 'The Occupational Zoonoses' HSE Books 1993 ISBN 0 11 886397 5.

PROTECTION OF THE ENVIRONMENT AND THE GREEN POLICY

The Environmental Protection Act 2021 imposes statutory requirements to protect the local environment. It is Chelmsford Demolition Ltd's policy that the following procedures must be implemented for each contract:-

1. Strict control measures and monitoring of dust, noise and vibration will be implemented.
2. No trees or hedges will be cut down, burnt or removed without written confirmation from the client stating that no protection orders are in place.
3. No waterways, streams or ponds will be excavated, blocked or back-filled without written authority from the Environmental Agency.
4. No fuel oils, chemicals or acids will be tipped or buried on site. These will be removed in containers to authorised disposal areas.
5. No glass, glass fibres or metal fibres, tyres, plastics or manmade products will be dumped onsite. They will be collected for re-cycling and disposal.
6. Security measures will be taken to prevent fly-tipping by others.
7. Company control of controlled waste in Chelmsford Demolition Ltd depot and workshops.
8. Be environmentally aware of the Duty of Care and Duty Holder.

To meet this environment policy aim, we will endeavour to:-

- Be aware of all new environmental legislation and regulations.
- Comply with all environmental legislation and regulations.
- Minimise energy use and its associated CO2 emissions.
- Maximise the use of renewable energy sources where possible.
- Minimise the generation of waste.
- Maximise the re-use/recycling of materials and products.
- Maximise the use of recycled materials and products.
- Minimise raw material consumption.
- Minimise polluting emissions to air, land and water.
- Minimise the use of polluting transport.
- Assess the environment impacts of all working practices and product manufacture.
- Assess the whole life environmental performance of all purchases.

The further aims of this policy will be:-

- Provide adequate environmental training for all the staff.
- Assess the environmental performance of all suppliers.
- Develop a set of environmental targets and action plans.
- Review the environmental policy and its action plans periodically with a view to continuous improvement.

DISPOSAL OF WASTE

All disposal of waste will be carried out as per Environmental Protection Act 2021 and the Control of Waste Regulations 1992 and where practicable all demolition waste will be sorted into various categories during demolition and loaded into separate skips and transported under current Hazardous Waste Regulations 2005 (amended 2009) to Licensed Tipping Facilities.

THE WASTE ELECTRICAL AND ELECTRONIC REGULATIONS 2006

Chelmsford Demolition Ltd is aware of the Waste Electrical and Electronic Equipment Regulations which aims to minimise the impact of electrical and electronic equipment on the environment during their lifetime and when they become waste, which came into force on 1st January 2007.

HAZARDOUS WASTE REGULATIONS 2005

The Hazardous Waste Regulations 2005. These regulations were implemented on 16th July 2005 with the intention of simplifying the documentation associated with the collection and disposal of hazardous waste (previously defined as 'special') and to bring England and Wales into line with EU legislation.

Chelmsford Demolition Ltd is aware that it is an offence for any waste collection and disposal company to collect waste from a site that has not been notified or is not exempt. Exemptions are available for specific sites that have been defined as "low risk" and produce less than 500kg of hazardous waste per annum. Very few of the exempt sites are likely to be under this limit as all forms of hazardous waste must be included i.e. light tubes, fridges, TV's and infectious clinical waste. Whilst a site may not be required to notify their premises ANY hazardous waste produced must still be treated according to the Regulations and can only be collected and disposed of by a registered waste carrier.

The regulations do not cover hazardous waste that may be produced by households and be classed as "domestic waste" with the exception of asbestos.

New controls requirements:-

- Notify each individual premises.
- Define hazardous waste.
- Notify premises producing hazardous waste to the Environment Agency.
- Use the consignment form before disposing of hazardous waste.
- Set out procedures for multiple collections for hazardous waste.
- Use consignee return form for people receiving waste to complete and send to Environment Agency.
- Describe the return the consignee made to the producer.
- Ensure correct records are kept.
- Restrict the mixing of wastes (hazardous and non-hazardous).

Hazardous waste is legally defined by the European Waste Catalogue (EWC) which will provide a common definition across all EU countries which includes common waste such as:-

- Fluorescent tubes
- Computer screens
- Lead batteries
- Many aerosols
- Paints
- Fridges
- End of life vehicles

HAZARDOUS WASTE RECORDS

As producers and consignors, we would keep a register of consignment note copies and any schedule of carriers and returns from consignees for three years. As carriers we would keep copies of consignment notes and any schedules of carriers for two years. As consignees we would keep copies of consignment notes and schedule of carriers until we surrender the license for the site managed and the registers will then be sent to the Environment Agency.

As receivers of hazardous waste, we would complete a return to the producer, holder or consignor, and a consignee return to the Environment Agency.

We would make a quarterly return to the Environmental Agency giving information on all consignments of hazardous waste received during the quarter, as per the format determined by the Environment Agency.

In addition to the premises notification number we will be required to provide:-

- Unique consignment number for every shipment.
- The six figure EWC (European Waste Catalogue) waste classification code.
- Our Company SIC code (Standard Industry Classification).
- The UN number of the waste.
- The packaging group of the waste.
- Details of the process that gave rise to the waste.

The Landfill (England and Wales) Regulations 2002 were amended in May 2004 and bans co-disposal (i.e. hazardous with non-hazardous waste) and waste will now be collected and disposed of separately. Chelmsford Demolition Ltd is aware that the responsibility for ensuring the correct classification, transportation and disposal rests with the waste producer. Fixed penalty fines up to £300 will be issued to those companies who provide false information or fail to notify their premises.

LONE WORKERS

Lone workers are those who work by themselves without close or direct supervision.

No lone working will be permitted by Chelmsford Demolition Ltd where a significant risk to health is present.

Risk assessment will help decide the right level of supervision. There are some high-risk activities where at least one other person may need to be present e.g. high risk confined space working where a supervisor may need to be present as well as someone dedicated to the rescue role or electrical works at or near exposed live conductors where at least two people are sometimes required.

CONFINED SPACES

A confined space is a workplace whereby an employee can become consumed by a solid, liquid or gas. The hazards associated with working in sewers, tunnels, manholes, shafts, headings etc will therefore be considered in a wide context.

Chelmsford Demolition Ltd will

ensure that:

A site Risk Assessment, in writing, will have been carried out by the competent person and due note to be taken before any confined space works are initiated. Chelmsford Demolition Ltd will carry out atmospheric monitoring throughout the works, assessments of suitability for operatives entering a confined space, assessments of equipment to be used and will put in place a tried and tested rescue plan.

A Method Statement and a Permit to Work in confined spaces will be issued by the competent person, before any works commences, and induction training will be given. The hazard and risk assessment will clearly define the control measures to be adopted in the confined space working area.

This legal requirement will be initiated in writing, only by Chelmsford Demolition Ltd senior management.

All persons entering a confined space will be provided with adequate training and refresher training throughout the contract to ensure competence at all times.

WORKING IN OCCUPIED PREMISES

When Chelmsford Demolition Ltd work activities involve working in occupied premises the following considerations will be taken into account:-

- Necessary security measures
- Fire control measures
- Identification of fire wardens
- Emergency evacuation procedures
- First aid provisions including welfare facilities
- Identification of clients' responsible personnel
- Ensure responsible liaison with client

DISPLAY SCREEN EQUIPMENT

Under the Health & Safety (Display Screen Equipment) Regulations 1992 employers have a responsibility to assess the risks of health and safety and to provide a healthy working environment for Display Screen users. To assist in this duty the Health & Safety Executive have issued further guidance in the form of IND36 (rev1) 'Working with VDUs'.

The Internal Safety Rep and/or External Advisors will undertake VDU assessments of all workstations operated by Chelmsford Demolition Ltd. The assessment will take the form of a verbal questionnaire with the operator, in conjunction with an inspection of the work area and tasks carried out. The assessment will be reviewed annually or more regularly if circumstances dictate. In assessing workstations three major areas will be taken into consideration:-

1. Ensure the correct set-up of the workstation
 - Adjustment of the chair.
 - Layout of the worktop and equipment.
 - Use of wrist support, footrest or document holder.
 - Prevention of glare, reflections or screen inadequacies such as brightness or flicker.
2. Using the workstation
 - Sitting in the correct position.
 - Organising the work.
 - Taking regular short breaks from display screen work.
 - Regular screen cleaning.
3. Taking care of health
 - Using spectacles where recommended.
 - Watching for signs of ill-health or stress.
 - Encouragement of users to follow the rules.

Should either the results of the assessment suggest it, or an operative request it a suitable eye test will be paid for by Chelmsford Demolition Ltd. If the test confirms that a pair of fixed focal length spectacles are required, then Chelmsford Demolition Ltd will pay for them.

MANUAL HANDLING AND LIFTING

Chelmsford Demolition Ltd will carry out the following to control manual handling activities at all company places of work:-

- Carry out risk assessments of manual handling activities which cannot be avoided.
- Avoid hazardous manual handling operations where possible by mechanising the load.
- Break down the load into smaller sections.
- Carry out dual lifting.
- Ensure suitable and adequate training is provided.
- Ensure appropriate information is provided relating to articles handled.
- Suitable PPE is provided where necessary.
- Competent supervision is provided.

The following will be considered when assessing manual handling tasks:-

Task – what is to be carried out

Individual/s – who is going to carry out the work

Load – Characteristics of the load, does it move, does it have handles etc.

Environment – where is the load being taken, does the route need clearing etc.

CONTROL OF NOISE AT WORK REGULATIONS 2005

Formal assessments of noise will be made if it is likely that any employee will be exposed to:-

- A noise level of 80dB(A) or above
- A peak sound pressure 135dB or above

The Directors will also:-

- Ensure that assessments are carried out by a competent person.
- Keep records of such assessments until they are reviewed.
- Reduce the risk of damage to hearing from exposure to noise to the lowest practicable level by using well maintained equipment and rotation of employees, reducing time exposed.
- Provide suitable and sufficient ear protectors where exposure is 80dB(A) and above.
- Designate ear protection zones where appropriate.
- Enforce the wearing of ear protectors where exposure is 85dB(A) and above or above the peak sound pressure of 137dB.
- Ensure ear protection equipment is maintained in an efficient state of use.
- Ensure levels do not exceed 87dB(A) or a peak sound pressure 140dB.
- Ensure employees are trained and competent in selecting and using hearing protection.

CONTROL OF LEAD

Employees and workers who are exposed to lead dust, fumes or vapour, will be protected by controlling and reducing the amount of absorption to an absolute minimum, other than the provision of PPE as per Control of Lead at Work Regulations 2002.

Where exposure to lead is significant (currently 0.15mg/m³ time weighted average concentration over 8 hours) and as per the regulations Chelmsford Demolition Ltd will provide all necessary protective clothing and set up environmental monitoring and medical surveillance of its employees engaged in removal works.

It is essential that any lead paint or lead containing material is identified prior to work commencing and if adequate information is not available then a sample will be taken to be analysed for the lead content.

Where there is insufficient information of Lead-in-Air concentrations for a particular type of work, then air monitoring will be carried out. Monitoring may not be necessary where there is a clear need for the wearing of RPE, but if other people are working within the vicinity air monitoring may still be necessary to ensure those people are not exposed to any risk.

All operatives will be placed under medical surveillance if they are exposed to significant amounts of lead, by inhalation, ingestion or skin absorption for more than a few hours per week, even if it is only occasionally. The frequency of clinical assessment will be determined by the appointed medical advisor, or doctor, on the basis of information Chelmsford Demolition Ltd provides.

Washing and shower facilities will always be provided for operatives on site and they will also be warned of the potential hazards of eating and drinking without first having washed their hands.

CONTROL OF DUST

Dust will be controlled and kept to a minimum by damping down with water at source and will be controlled at all times and in accordance with Environmental Protection Act 2021. Our methodologies will be chosen and proven to reduce dusts as far as reasonably practicable.

LIQUEFIED PETROLEUM GASES

Correct use of LPG must be carried out when in use and manufactures instruction will always be strictly adhered to. Correct storage will be carried out i.e. full bottles will be stored separately away from empty bottles and will be visibly marked accordingly.

FLAMMABLE LIQUIDS

Correct storage and usage of fuels, greases and other flammable liquids must be handled and used as per manufacturer's safety instructions, risk assessments and COSHH.

STORAGE OF FLAMMABLE LIQUIDS AND SOLVENTS

Consideration will be given specifically to ventilation, ignition sources, containment, exchange (substitution) and separation.

TRANSPORTING/STORAGE OF PETROLEUM – SPIRIT/GASES PRECAUTION

Petroleum-spirit gases should not be transported in vehicles unless it is essential, and vehicles display the appropriate signs and carry suitable fire equipment.

Explosion proof metal petrol containers (BS approved) will be used for transportation and marked 'Petroleum Spirit – Highly Flammable and will not exceed two-gallon capacity.

When transported in vehicles, petrol containers will be secure in position and protected from damage by other equipment.

Gas cylinders, full or empty will be kept upright and adequately secured to prevent their movement within the vehicle.

CO2 Extinguishers will be located in the vehicle in an easily accessible position for emergency (fire.)

Appropriate signs will be displayed in the rear of vehicles carrying Petroleum-spirit/Gases. Warning notices will also be displayed within the vehicle.

Vehicles carrying Petroleum-spirit/Gases will be adequately ventilated.

DEBRIS CHUTES

Waste Disposal Chutes will only be hired from reputable companies and must be of sound construction and serviceable for use. When connected into each other they must be secured by chains in each section and be secured by chains at the top of the building. It is best practice for there not to be any bends in the run and they must be fixed at the top of the operation and must be fixed with a safety chain into the skip with the tube well down into the skip to prevent any fly of debris on operatives or members of the public. The skip area must be demarcated off with tape or safety barriers and warning signs affixed.

Once completed, the chute must not blow around in the wind and a daily examination will take place to ensure that none of the chutes have holes or splits in them. Unless they are specifically designed for liquid, only dry base materials will be put down the chute. No hot matter, toxic waste, asbestos or COSHH items will be discharged down the chute. Chutes must not be used for any other purpose than that for which they have been designed.

If there is any doubt the hire company or your supervisor must be contacted immediately. To control dusts, a tarpaulin sheet may be used to cover the skip to contain dusts.

USE OF SKIPS

Should it be necessary for a skip to be placed at the roadside, all necessary permits will be obtained from the Local Highway Agency beforehand and displayed accordingly. No fires will be permitted in the skip at any time and the skip will only be filled with general waste within the normal 'fill lines'. The skips will be properly secured, covered and illuminated outside normal working hours and after daylight hours.

When deciding the type and number of skips to be used, the following will be taken into account:-

- Would a tailgate be easier to use than a solid skip?
- The number of skips to be used and how often they will need to be emptied.
- How many different types of waste will be produced?

As and when required, there will be specific skips for the three main types of waste:-

- Inert waste - waste that will not decompose i.e. rubble, concrete, metal, rubber etc.
- Putrescible waste – waste that will rot and decompose i.e. timber, food, paper.
- Hazardous waste – waste that is dangerous to keep or dispose of i.e. asbestos, toxic materials, clinical waste, farmyard arisings.

All skips will only be removed by those qualified skip drivers who are fully trained to do so.

All activities will be controlled at all times in accordance with the Environmental Protection Act 2021; The Control of Waste Regulations 1992 (as amended 1993.); Hazardous Waste Regulations 2005 (amended 2009), The new Waste (England and Wales) Regulations 2011.

COMPRESSED AIR TOOLS

All operatives using compressed air tools must be trained and qualified to operate as per the Provision & Use of Work Equipment Regulations 1998, and a Risk Assessment must have been previously carried out in writing by the competent person prior to any work commencing. All Compressed Air Tools will be rendered inactive at the end of each working shift and will be securely stored under lock, to prevent unauthorised use and possible injury.

Chelmsford Demolition Ltd will ensure that:-

- The tools are regularly tested and examined by a competent person before each use.
- Suitable PPE and eye protection is worn.
- The tools will show the safe working pressure and have a pressure gauge in full working order.
- All hoses and joints will be checked and in good working order.
- To prevent foreign bodies from entering the tool, blow the hoses out before coupling, ensuring that other persons are clear of the area.
- Never use the air to dust clothing.
- Keep the air stream away from the body and away from others.
- Never take part in or allow horseplay with compressed air.

CARTRIDGE OPERATED TOOLS

The use of cartridge operated tools will be used in accordance with The Provision & Use of Work Equipment Regulations 1998 and the Control of Explosives at Work Regulations 1991.

Operatives using cartridge-operated tools must be aged over 18 and will be trained with a certificate of authority. The manufacturer's instructions must be carefully read and understood before using the tool. The tool must be loaded with the barrel pointing away from the user. Operatives must not walk around with a loaded tool and must load only at the point of use.

The following safety precautions must be adhered to:-

- Hold the tool at right angles to the job when firing.
- Always wear PPE when using cartridge operated tools.
- Check the material into which the bolt is to be fired – check there is no-one behind the target.
- Allow at least 75mm from the edges of concrete or brickwork.
- Ensure complete splinter guard is resting on work surface.
- Never place a hand over the end of the barrel.
- In the event of a misfire, wait a minute, and then re-fire. If nothing happens wait a further minute before unloading.
- Keep the tool clean and well oiled.
- Never leave the tool loaded when not in use or if unattended.
- Ensure that cartridges are kept in a safe place under lock and key.

PROVISION & USE OF WORK EQUIPMENT

The Directors will work within the Provision and Use of Work Equipment Regulations 1998 and will:-

- Take account of work conditions and hazards when choosing equipment.
- Ensure that the equipment is suitable for its intended use.
- Make sure that it is maintained in good, safe working order.
- Make regular inspections of equipment and complete a register at least every seven days, this will be completed by each Site Supervisor and the office departmental managers, prior to issue.
- Provide adequate information, instruction and training to the user of the equipment and ensure they conduct pre-use inspections and notify the supervisor of any defects.
- Ensure that any supervisor receives appropriate information, instruction and training, in the correct use of the equipment.
- Provide personal protective equipment where necessary to reduce risk of personal injury.
- Ensure that all 'hired in' equipment has up to date inspection/maintenance records and all users have been adequately trained.
- Ensure that all electrical equipment is tested (PAT) on a periodic basis, 3-12 months dependent on the equipment type. Office based equipment may vary from 12 months to 5 years.
- Periodic toolbox talks will be given to site and office staff to refresh knowledge.
- The HSG107 will be issued to Site Supervisors to ensure they are fully aware of the types of portable equipment, pre-use inspections, inspection and test frequencies and common defects.

ABRASIVE WHEELS

To ensure the safe use and handling of abrasive wheels, all employees will be expected to adhere to:-

- Only those persons trained in the safe use and handling will be permitted to mount an abrasive wheel on a disc cutter or grinder.
- The grinder/cutter will be maintained and serviced with a minimum of weekly inspections.
- Before using the abrasive wheel, it will be checked to ensure the correct spindle is fitted.
- Only the correct disc will be used.
- The wheel will be checked for wear, cracks, or other damage before use.
- The guard will always be in position.
- Protective gloves and goggles and a dust mask, if appropriate, will be worn when using the wheel.
- Dust or sparks from the work will not be allowed to affect other works, the public or adjacent property.
- The speed of the machine must not exceed the maximum permissible velocity of the disk.
- Heavy pressure must not be exerted on the wheel.
- The side of the wheel must not be used.
- Limbs must always be kept away from the cutting edge of the wheel.

When using bench mounted abrasive wheels the following points will be adhered to:-

- The tool rest must be adjusted as close as possible to the face of the wheel.
- The glass screen must be kept in the safety position.
- Keep fingers below the tool rest level.
- The correct grade of wheel for the work in hand will be used.
- The face of the wheel must be evenly dressed.
- When first using a replacement wheel, run it for a full minute whilst standing clear, before attempting to use it.
- The wheel must be at stop when not in use.

THE CONTROL OF VIBRATION AT WORK REGULATIONS 2005 - HAND ARM VIBRATION SYNDROME

HAVS is a range of disorders caused by being exposed to high levels of vibration. This can happen when using:-

- Handheld power tools
- Vibrating equipment that is guided by hand
- Materials that vibrate as they are being processed

The vibration level of the tool and the amount of time spent using the tool or equipment affects the risk of developing HAVS.

HAVS can cause pain, tingling and numbness and loss of strength in the hands, wrists and arms. It can also reduce the ability to handle things and work with the hands. Hand transmitted vibration can damage blood vessels, nerves, muscles and bones. Injuries caused by HAVs may never go away.

To help prevent against HAVS the following points will be taken into consideration:-

- Ascertain if the job can be done in a different way without using vibration tools.
- If vibration tool has to be used use a low vibration tool.
- Always use the right tool for the job.
- Check tools before using them to ensure they have been properly maintained and repaired to avoid vibration caused by faults and general wear.
- Ensure cutting tools are kept sharp.
- Reduce the amount of time using the tool in one go, by rotation of staff.
- Avoid gripping or forcing tools more than necessary.
- Encourage good blood circulation by:-
 - keeping warm and dry
 - giving up or cutting down on smoking
 - massaging and exercising your fingers during work breaks

Health Surveillance and a HAVS management program to reduce exposure and risks will be set up and in place. This will include training, exposure reporting system and where necessary health checks carried out by a medical practitioner. This will be carried out for employees who are likely to be exposed above the exposure action value $2.5 \text{ ms}^2 \text{ A (8)}$.

The exposure action value (EAV) to a vector sum daily dose is $2.5 \text{ ms}^2 \text{ A (8)}$. The exposure limit value is (ELV) daily dose of $5 \text{ m/s squared A (8)}$ which must not exceed a "weekly average." Derogation may be granted where vibration exposures varies substantially from day to day.

The manufacturer will supply the EAV information when requested for each piece of machinery. For whole body vibration the action value is $0.5 \text{ sms}^2 \text{ A (8)}$ and the exposure limit value is $1.15 \text{ m/s squared A (8)}$

If written confirmation is received from a doctor that an employee has hand arm vibration syndrome, the relevant enforcing authority will be notified on Form F2508 as required by the Reporting of Injuries Diseases and Dangerous Occurrences Regulations 2013.

ELECTRICAL EQUIPMENT AND POWER TOOLS

All fixed electrical equipment can be 240 (415v) with RCD's fitted and all portable or handheld working electrical tools must be 110 volts. Any electrical machinery/plant which is hired in will be checked to ensure that all equipment is suitable and safe for use and all the correct safety certification will also be inspected to ensure it is all in order before commencement of work with the equipment. Only qualified electricians will be allowed to service and repair electrical tools and equipment in the workplace as per Electricity at Work Regulations 1989 (Amended 1997): Electrical Equipment (Safety) Regulations 1994.

All portable electrical equipment will be 'PAT' tested on a regular basis with a record held on site.

Specific identified electrical risks will be addressed by a qualified electrician and a permit to work system will be put into operation during the period that electrical installation and repairs are being carried out.

A qualified electrician will carry out mandatory electrical checks on site equipment and site portacabins to ensure that all cables are not damaged and are properly protected prior to any works commencing.

PLANT - EQUIPMENT/MAINTENANCE

There is to be a plant maintenance program whereby plant and equipment will be inspected, serviced and made good and will be within the statutory inspection time frame. Accounting and servicing records will be maintained and kept and will be signed by the competent person. Site supervisors are required to maintain a weekly register of inspections of all plant and equipment with users of the plant carrying out their own pre-use checks.

PLANT AND EQUIPMENT

All plant and equipment will be used in accordance with Control of Health & Safety at Work Regulations 1996 and P.U.W.E.R. 1998. All lifting appliances will, in addition, comply with L.O.L.E.R. 1998. Chelmsford Demolition Ltd recognises also, the guidance and recommendations details in HSG 144 (The Safe Use of Vehicles on Construction Sites) and HSG 150 (Health and Safety in Construction).

Chelmsford Demolition Ltd will ensure that only those over 21, fully trained or supervised during training and authorised by Chelmsford Demolition Ltd will be permitted to operate the machinery. This will be monitored by competent Site Supervisors. Machines are to be operated as per the manufacturer's guidance at all times and as per the training received by each operator. Failure to operate machinery safely will result in disciplinary action against the user.

All plant and equipment will be maintained in accordance with our planned preventative maintenance program. Inspections will be carried out by the operator prior to work each day and these inspections will be recorded and held on site.

The daily pre-start check made by the operative will include:-

- Walking around the machine before starting, to check for defects or obstructions.
- Carry out checks on brakes, oil, tyres and lights etc.
- Report any defects or problems to their supervisor.

There will be a system installed to ensure that no plant or machinery can be started up on site by unauthorised persons, as all keys will be stored safely within a locked office/cabinet overnight. This system will be under the direct control of the named demolition Site Supervisor/Manager. This system will be followed on all Chelmsford Demolition Ltd sites.

LIFTING

LIFTING OPERATIONS & LIFTING EQUIPMENT REGULATIONS

All lifting operations will be carried out in accordance with the Lifting Operations and Lifting Equipment Regulations 1998. Lifting operations will be planned by an appointed person with a copy of the lifting plan held on site. Lifting operations will be supervised on site by a Lift Supervisor working to the instructions of the Lifting Plan. Lifting operations will only be carried out by suitably trained and certificated individuals. Lifting appliances and lifting equipment will be thoroughly examined by an external competent person at the following frequencies:-

- Lifting equipment and appliances used for lifting people will be thoroughly examined at intervals not exceeding 6 months.
- Lifting accessories such as chains and shackles examined at intervals not exceeding 6 months.
- All other lifting appliances will be thoroughly examined at intervals not exceeding 12 months.

Lifting equipment is to be operated as per the manufacturer's guidance at all times and as per the training received by each operator. Failure to operate machinery safely will result in disciplinary action against the user. If at any point, an employee is unsure of what is asked of them they are to seek advice from their immediate supervisor or Internal Safety Rep and/or External Advisors.

EXCAVATIONS

Before excavating the following should be taken into account:-

- Check for underground services, water, gas, electric – always treat as live.
- Excavations must always be supported or battered back to prevent collapse.
- Use ladders for access and egress, do not climb supports.
- Fit edge protection around excavations to protect the general public, regardless of depth.
- Keep soil heaps back at least the depth of the excavation from the edge.
- Ensure stop blocks are fitted when dumpers are tipping into excavations and a signaller is used.
- Never throw (or allow to be thrown) tools or materials down to someone in an excavation – ropes must be used to lower them.
- Check excavation prior to entry at the start of a shift.
- Carry out a weekly inspection by the competent person and record the results.

The main causes of excavation accidents are:-

- Shoring not installed or trench not battered back as required.
- Operatives trying to jump across the excavation.
- Unauthorised removal or alteration of supports or braces.
- Operatives working beyond the unsupported areas.
- Operatives re-entering excavation without inspection or shoring up after heavy rainfall.
- Materials falling into excavation because they have been placed too near to the edge.
- Vehicles driving into the excavation because timber baulks or stop blocks are not in place.
- People falling into trenches due to no edge protection being fitted.

UNDERGROUND SERVICES

Before Chelmsford Demolition Ltd undertakes any digging, a permit to break ground and a permit to dig will be issued by the Site Supervisor or principal contractor. It will be the client and/or principal contractor's responsibility to carry out the necessary investigations to ensure that no live services are concealed below the ground prior to breaking ground. The following will be carried out for the safety of any person that could be affected by our works.

- Gas, Water, Electricity and Water Company Plans will be checked.
- Careful digging by hand will be carried out to establish the location of underground services using insulated hand tools only.
- All known pipes and cables will be marked.
- At the slightest hint of gas escape, leave the area and do not smoke or use equipment. Call the gas company and emergency services.
- Follow gas company specifications for back filling if relevant.
- For water mains, trace line of main by trial pits and mark all known pipes.
- Burst pipes can fill an excavation quickly – if damaged water company will be called immediately. Water at high pressure can be fatal.
- Ladder access will be provided in the excavation. Please refer to excavation safety.
- Pipes will not be left unsupported.
- Suitable PPE or RPE if necessary, will be worn if there is a risk from contamination from sewerage. Hands must be washed before eating drinking or smoking.
- If a foul sewer is fractured, it may be a danger to health and the excavation must be left and the damage reported immediately to the sewer company.
- If a storm water sewer is broken whilst it is raining, the excavation must be vacated as flooding may occur at any time.

Procedures for dealing with a service strike below the ground will be posted for reference in all welfare facilities. Telephone numbers for utility services will be held on site within the construction phase plan, all supervisors will be familiar with this.

OVERHEAD POWER CABLES

During planning, the presence of overhead electric cables must be considered as vehicles, plant and equipment must not be within 15m of overhead lines from steel towers, or 9m in the case of wooden poles.

At the earliest opportunity, the Electricity Supplier should be consulted as it may be possible for the line to be diverted. If the overhead lines cannot be diverted or made dead, then precautions, depending on the circumstance must be taken.

Where work has to be carried out or plant passes under the overhead lines, barriers must be erected parallel to the overhead line, not less than 6m distance from it. The possibility of mobile cranes etc. encroaching on the minimum distance will be considered and when necessary the 6m distance will be increased. These distances are subject to agreement with the local Electricity Supplier and may be dependent on the voltage of the overhead line. The barriers will be surmounted by red and white or yellow and black bunting which forms an additional warning.

If it is necessary for plant to travel under overhead lines, the area will be as small as possible and not more than 10m wide. This passageway will be clearly defined using fencing barriers and goalposts will be in position across the width of the passageway. The goalposts will be of rigid construction and made of non-conducting material, distinctly marked so that they are clearly identifiable.

Warning notices will be provided each side of the passageway advising personnel of the hazard and stating the crossbar clearance distance so that drivers know that they must lower their jibs. These warning notices will be positioned as far in advance from the goalposts as is required by the length of the jib on the machine.

If it is essential that work is carried out beneath the overhead lines and they cannot be diverted or made dead, it will be necessary for further precautions, in addition to those already noted above, to be put into place. Consultation will take place between the External Safety Advisors, the Electricity Supplier, and where necessary the HSE on the additional precautions required.

Plant, equipment and tools that could reach beyond the safe clearance limit must never be taken under the line. Plant such as cranes and excavators will be modified by the addition of suitable physical restraints so they are unable to reach beyond the safe clearance limit.

When work has to be carried out on a structure with a reduced safe clearance, the Internal Safety Rep and/or External Advisors, Contracts Management and the Electricity Supplier will be consulted about the proposed working methods. A competent person, familiar with the hazard will be appointed for the purpose of ensuring that the work is carried out under his direct supervision and all safety precautions are adhered to and a Permit to Work System will be in operation which will be signed onto each am and signed off each pm.

SAFE WORKING AT HEIGHTS

Under the Working at Height Regulations 2005 all works carried out where there is a risk of injury from a fall, whether it be above or below ground level, will be considered working at height.

Consideration will be given to the following hierarchy of Control Measures:-

- The use of work equipment or other measures will be implemented to prevent falls when working at height cannot be avoided.
- Where the risk of a fall cannot be avoided, the use of work equipment or other measures to minimise the distance and consequences of a fall will be utilised.
- Working at Height activities will be individually risk assessed and the risk assessment will be carried out for each instance of work at height activities and we will ensure that all work is planned, organised and carried out by competent persons.
- We will use the correct work equipment and select collective measures to prevent falls (such as guardrails and working platforms) before other measures which may only mitigate the distance and consequences of a fall or which may only provide personal protection from a fall, such as a harness.
- All operatives who may work at height and all management planning the work will be fully trained, competent and possess the correct skills, knowledge, attitude, training and experience to carry out the work.
- Work equipment will be inspected daily and will be thoroughly checked by a competent person at intervals no greater than seven days.
- The inspection and issue of harnesses, when used, will be done by a competent person and if the harnesses are kept in a storage area then they will be signed in and out and inspected before every use.
- Harnesses will be stored and maintained with a unique serial number and will be inspected by the competent person prior to being issued for use and a written procedure for emergency procedures will be outlined in writing as part of the Working at Height Regulations 2005. Harnesses will be inspected by a professional every 6 months or sooner if used in arduous conditions.
- A rescue plan will be implemented for work at height and all persons involved in such work will be familiar with the procedures involving suspension trauma.

Work at heights will be carefully assessed, planned and supervised throughout our work activities.

SCAFFOLDING

All scaffolding work will be carried out in accordance with the current Scaffolding Regulations and Code of Practice and Working at Height Regulations 2005 (Amended 2007).

Scaffolding must not be climbed up or down without the use of a fixed ladder or staircase. The ladders must be at the correct angle of one unit out to four units up. Ladders must be tied in at both stiles, not the rungs and must extend a safe distance (4 ladder rungs) above the landing stage. At the end of each working day access ladders must be removed to prevent children playing on them or other unauthorised use.

If Chelmsford Demolition Ltd plans to store materials on the scaffolding during our works, the designer of the scaffold will be requested to allow suitable loadings at the design stage. Operatives will be aware of the procedure for stacking materials and where stacking is permitted, this will be via toolbox talk and/or site induction.

Under no circumstance will any Chelmsford Demolition Ltd employee be permitted to alter any scaffold platform.

Scaffolding will be inspected every 7 days by the competent person and the details of the inspection will be recorded. At the start and end of each shift a visual inspection will be carried out. All faults or defect will be immediately reported to the scaffold contractor so they can be rectified.

MOBILE SCAFFOLD TOWERS

Mobile scaffold towers must be erected in accordance with the manufacturer's instructions by competent persons.

Before erection:-

- Check all components are in good condition
- Check wheels for effective rotation
- Check brakes and locking devices work correctly
- Prior to erecting towers on suspended floors, ensure bearing capacity is sufficient for load

Before the mobile scaffold tower is used, a competent person will inspect its construction and issue a tag or sign off the equipment register to state it has been erected as per manufacturers' guidance.

All operatives using towers are to be trained in their safe use which must include safe access, egress and how to safely move the tower and secure it in position.

GENERAL DEMOLITION PROCEDURES & TECHNIQUES

All demolition works will be carried out in accordance with the Health & Safety at Work Act 1974, the CDM Regulations 2015 and the Approved Demolition Code of Practice BS 6187 2012.

SEQUENCE OF WORKS

Asbestos and any other toxic or hazardous substance will be removed from site prior to the commencement of demolition processes wherever practicable to do so.

The design, size and location of the structures to be demolished will determine the sequence in which they are to be demolished and, in most cases, will be in the reverse sequence to their construction.

Sequences of operations will be established to allow demolition debris and arisings to be cleared on a regular basis to prevent floors from becoming overloaded and pressure against vertical walls eliminated.

DUST AND CEMENTITIOUS PRODUCTS

It is inevitable that during demolition works, dust from construction materials such as bricks, cement and concrete will become airborne. During all demolition works, Chelmsford Demolition Ltd will ensure that suitable controls will be implemented to reduce airborne dusts as far as is reasonably practicable. This will be in the form of handheld hoses for small works, through to mechanical systems such as motofogs and dust cannons for larger works. All employees potentially exposed to such dusts must be suitably protected using face fitted respiratory protection (FFP3) and training. Types of dust suppression will be detailed within the site safe systems of work.

HAND DEMOLITION OPERATIONS

MASONRY AND BRICKWORK

Although only hand tools are used in this technique, lifting appliances may also be employed to hold larger structural members during cutting, dismantling and lowering of members for waste removal. Chutes will also be used to discharge debris and arisings directly into skips containers or lorries, wherever it is practicable to do so.

Parts of existing floor structures may be removed to permit the fall of debris to lower levels of structures. Open edges created for this purpose will always be cordoned off using physical barriers and guard rails to prevent persons from falling or being struck by falling debris.

All roof works and work at height will be carried out from safe working platforms with integral safety rails or by imported mobile or static lifting platform appliances.

Masonry and brickwork will always be demolished from top, downwards and in small increments whether by use of hand tools or 110v electric percussion tools or by compressed air tools.

IMPACT HAMMERS

Impact hammers are normally mounted on a tracked or wheeled excavator with an articulated boom and are operated by the integrated hydraulic oil pressure system of the excavator. Remote controlled hydraulic breakers such as a Brokk will be used where necessary.

A heavy-duty steel chisel is fitted to the impact hammer unit which can then be used to remove masonry or brickwork from the tops of walls and most likely to break the ground floor concrete slabs and footings.

STEEL FRAME STRUCTURES

All non-structural materials will have been removed and cleared before any steel framework is dismantled. Each main structural member will be supported by crane or lifting appliance or temporary propping systems whilst they are being unbolted, hot cut or sheared. Care will be taken that operatives are not endangered by possible springing of steel members when load restraining connections are cut or unbolted. All steel members will be carefully lowered to the ground or allowed to fall in a controlled manner within the demolition zone.

Appropriate working platforms will be employed for operatives carrying out the dismantling works and, in some cases the existing steel framework can be facilitated for the same purpose if correctly boarded out and fitted with temporary safety guard rails.

Operatives will be provided with safety harnesses which will be attached to inertial reel lanyards and anchored to scaffolding or to the steel frame itself.

Where steel materials will be allowed to drop to ground, the works area below will be correctly barricaded and signed to prevent persons entering the drop/demolition zone.

MECHANICAL PLANT OPERATIONS

Mechanical plant demolition takes place after all non-structural materials have been removed by hand works. This will, in most cases, include the prior removal of any roof structures and any separation works required to adjoining structures which are to remain.

When mechanical plant demolition is taking place, only the Plant, operator and appointed banksman will be permitted to work within the restricted zone, usually indicated as at least 6m radius surrounding the works taking place.

All mechanical excavators undertaking these works will be fitted with standard operator cabs and the glazed windscreen and roof light panels of the cab will be fitted with steel grills to protect the operator from potential falling debris.

Mechanical excavator operators will demolish structures from top downwards and in small increments and progressively clear back accumulating debris from the works in order for the unit to be positioned on firm and level footing during its operation.

SHEARS

Special attachments such as powerful steel-cutting shears of various capacities which may be fitted to excavators by replacing these units with the excavator dipper arm. Shears are particularly useful for cutting through steel members or reinforcing bars and avoid employing hot cutting operations at height.

CONTROLLED COLLAPSE

The deliberate collapse of the whole or part of the structure requires comprehensive planning, supervision and execution, and the careful consideration of the effects on adjacent buildings.

Collapse is normally achieved by either removing key structural elements or by pre-weakening parts of structures and is carried out by mechanical excavators in today's demolition industry.

This technique is not suitable for any pre-stressed or post-tensioned structural elements, except for individually stressed or tensioned concrete floor planks or slabs.

PRE-WEAKENING

Before a controlled collapse, it may be possible to weaken some of the structural elements and remove those that are redundant. Pre-weakening operations will be correctly planned and supervised and will consider the stability of the remaining structures to resist impact or wind loads until the intended collapse. Steel elements are normally weakened by cutting or shearing wholly or partially through each member. Brick and masonry may be weakened by forming openings at pre-determined locations at low levels. Removal of floor structures and non-load bearing walls from inside a structure will also render a pre-weakening effect on external elevations. Reinforced concrete walls can be pre-weakened by hand demolition works using compressed air jackhammers to expose any reinforcing bars which can then be cut out.

Pre-weakening will be carried out following advice from a Structural Engineer.

EXPLOSIVES

Demolition by explosives is a specialist undertaking and will only be carried out by qualified Explosive Engineers employed by Chelmsford Demolition Ltd.

PRE-STRESSED CONCRETE

Pre-stressed concrete components have pre-compression applied by steel wires, cables or threaded bars which are tensioned to counteract the tensile forces induced by the working load of the structure.

Special precautions are to be taken during demolition of these parts of structures to prevent the uncontrolled release of the potential energy stored in the tensile elements.

Demolition of pre-stressed concrete structures will only take place under strict supervision of a qualified engineer who is fully conversant with the properties of pre-stressed elements.

The engineer will prepare in-depth method statements and risk assessments considering the system of tendons and anchors information which will be obtained from the original design calculation and 'as built' drawings of the structure to be demolished.

INDUSTRIAL CHIMNEYS

Chimney structures of a height beyond reach of conventional demolition plant and which cannot be razed to the ground by explosives, will be demolished by hand works.

The structure will be totally scaffolded to full height to provide working 'lifts' for experienced operatives to carry out the demolition works.

All brick or concrete façades of the structure will be demolished in small increments and debris will be allowed to fall within the confines of the structure.

Depending on the girth and condition of the structure and to prevent unnecessary stress within the structure by accumulating debris, it may be necessary to create an opening in the wall at the base of the chimney to allow periodical clearance of built up masonry but without weakening the structure as a whole. Scaffolding will be progressively struck as the height of the chimney is reduced.

BRICK OR MASONRY BRICK ARCHES

Special techniques are required with careful planning to demolish arched structures which are normally bridge structures spanning roads, rails or rivers. Each type of bridge arch is unique in its location but usually similar in construction and will require in-depth examination of its support pier arrangements and general stability, especially in multiple arch situations.

Any superstructure and non-load bearing elements and surface finished such as paving, fill material, railway lines, façade brickwork and masonry, will be removed by combination of hand and mechanical demolition to leave the arch structure below exposed.

Only excavators fitted with suitable length booms and dipper arms will be employed for the demolition of arched structures in order that they can work 'off bridge' locations and/or positioned above the support piers. Single arches may be demolished by mechanical excavators mounted with impact hammers, peeling off strips of brickwork or masonry parallel to the span of each arch.

Multi span arches are often inter-dependent in their design for stability and more careful assessment and planning will have to be carried out before demolition. In this case, the arches are normally demolished together and at the same rate of demolition to prevent danger of any premature collapse.

RESTRICTED AREAS AND SAFE DISTANCES

Areas affected by each phase of the works, to which access will need to be restricted or made safe are put in place for the following activities:-

1. The dropping of debris
2. The operations by demolition plant
3. Pre-weakening operations
4. Deliberate collapse or pulling over of structures

During debris dropping a radius of at least 6m, or half the drop height (whichever is greatest) will be used to determine the restricted area. In cases of extreme bad weather, drop zones will not be used. During the operations of excavators, cranes and grabs, a clear distance of at least 6m from the work face will be kept clear as a restricted area.

When structures are being brought down to ground by deliberate collapse, a distance of not less than one and a half times the height of the structure will be indicated as the restricted zone which will be along the proposed line of fall and include a 20-degree arc either side of the line of fall.

Structures will be felled into cleared spaces to reduce bounce and travel of falling debris.

PEDESTRIAN AND TRAFFIC MANAGEMENT

By Law, pedestrians or vehicles must be able to use a traffic route without causing danger to the health or safety of people working near it. Roadways and footpaths should be separated wherever possible by a physical barrier and clear signage.

By Law, traffic routes must also keep vehicle routes far enough away from doors or gates that pedestrians use, or from pedestrian routes that lead on to them, so the safety of pedestrians is not threatened.

A Risk Assessment must be carried out and the following points taken into account:-

- If vehicles and pedestrians have to use the same route.
- The best way to mark out and sign vehicle and separate pedestrian areas.
- Mark out and sign crossing points for drivers and pedestrians.
- Other hazards which present a health and safety risk i.e. materials that may fall from a vehicle; excessive or sudden noise; fumes etc.
- Ensure that the following are made aware of the route and layout:-
 - 1) Staff who work on site - by training
 - 2) New staff - by Induction
 - 3) All visitors to site are escorted by a member of the contractor's staff

Pedestrians & Cyclists

Wherever it is reasonable to do so, separate routes or pavements will be provided to keep pedestrians away from vehicles. Where possible pedestrian routes will represent the paths people would naturally follow (known as 'desire lines') to encourage people to stay on them. Pedestrians will be kept away from areas where vehicles are working unless they need to be there.

Barriers and Markings

The following procedures will be followed to keep vehicles away from pedestrian areas:-

- Protective barriers.
- Clear marking to set apart vehicle and pedestrian routes.
- Raised kerbs to mark vehicle and pedestrian areas.
- Provide suitable barriers or guard rails where needed at entrances and exits to buildings and at the corners of buildings to prevent pedestrians inadvertently walking straight on to a road.
- Traffic signs must be distinctive, legible and illuminated when dark.

HGV Routes

Access of HGV vehicles into certain areas of London are on routes as designated by the London Borough Transport Scheme and these must be complied to.

If in any doubt **STOP** and contact your Direct Supervisor.

Refer to HSG 144 Book "The Safe Use of Vehicles on Construction Sites".

CONTROL OF VISITORS ON SITE

Including the Management and Health and Safety of General Public Adjacent to the Working Site.

Chelmsford Demolition Ltd will exercise a duty of care to those persons not in his employ who may be affected by their activities and will ensure that all visitors to their sites, including head office and salvage yard;

- Report to reception or site office before accessing the site.
- Register their arrival and departure time on site.
- Are informed of any hazards or risks to which they may be exposed and of control measures in place to ensure their health and safety.
- Are advised of the emergency evacuation procedures and the exit and assembly points.
- Are escorted by a competent member of staff.
- Be provided with personal protective equipment, where necessary.

No children under the age of 16 will be permitted un-supervised access to any site, head office, salvage yard or woodwork shop at any time. All children on any company site must be under the direct supervision of their guardian and a member of the Chelmsford Demolition Ltd.'s team.

All measures will be taken, as far as reasonably practicable, to prevent children and unauthorised persons from accessing our sites and being exposed to hazardous situations and will include:-

- Ensuring the provision of a secure perimeter fence with a minimum of 2 meters in height.
- Access and egress secure against unauthorised entry.
- Suitable and easily understood notices being prominently displayed.
- Excavations securely fenced off.
- Access to scaffolding etc. being removed or made safely unusable while site is unoccupied.
- Power supplies being isolated or made dead during non-working hours.
- Machines will be left safe and inoperable during non-working hours.
- Harmful substances will be securely locked away.

OCCUPATIONAL HEALTH SURVEILLANCE

Chelmsford Demolition Ltd operates a wide-ranging occupational health regime for all our employees.

Those employees engaged in tasks which involve them handling, working or encountering hazardous materials or processes, such as Asbestos, Lead, Chemicals, Hypodermic Needles, Leptospirosis, Manual Handling, Noise, or HAV will undergo specific health surveillance as per current legislation and best practice.

Personnel records are maintained for everyone which contain personal details as well as current and historical details of training, medicals, sickness, accident records of jobs classified by category and site movements.

Employees who are potentially exposed to substances hazardous to health are recorded daily by the way of exposure forms and where necessary thorough medicals by approved doctors.

All records are retained and stored securely in accordance with current legislative requirements.

Work sites are continually assessed to consider the introduction of new substances/procedures.

Particular attention will be given to Risk Assessment/Control Measures and any health risks and appropriate control measures will be identified during the planning stage of any job and the control measures will be included within the site-specific risk assessments and the Method Statement. Task briefings will be issued by the Site Supervisors, who will make the site teams aware of the collective and personal protection needed for all hazardous activities.

Managers, Site Supervisors and Operatives will undertake appropriate training in order to recognise signs and symptoms which may be caused by working with certain materials/substances/processes.

Hazard identification will take place at tender stage and all necessary controls allowed for. Prior to starting any new contract, the Site Supervisors will brief all site staff of hazards to health on site and ensure controls are implemented and maintained throughout the works.

DATA PROTECTION (Privacy Policy)

In accordance with the General Data Protection Regulations 2018, Chelmsford Demolition Ltd will commit to the following arrangements to ensure full compliance with GDPR 2018.

Compliance in regards to company employees:-

1. All employees will be made aware via inductions and TBT's of what personal information we hold.
2. All employees will be made aware of what data we hold, why we hold it, how we use it, how we keep it secure and whether we share any data with external parties.
3. We will ensure that all third parties are aware of GDPR and that they also have suitable arrangements.
4. All employees will be made aware of how they can gain access to the data Chelmsford Demolition Ltd hold and how they can request that certain data is deleted.
5. All employees will be made aware of what data they can hold on company devices and how each device must be encrypted, and password protected.
6. All employees will receive basic awareness training (TBT's) on the requirements of GDPR and how to report a breach.

Compliance in regard to external sources, clients, suppliers, sub-contractors and general enquiries.

Chelmsford Demolition Ltd hold personal identifiable information in the form of paper documents and electronic documents of thousands of people. This is information that has been gathered over the years from completed projects, enquiries into the business or from the public domain.

To ensure full compliance with GDPR 2018, Chelmsford Demolition Ltd will:-

1. Notify all persons on file that we hold personal identifiable data.
2. Provide details on what we do with the data, how we store it and what security arrangements we have.
3. Explain that unless they "opt in" and agree that we can keep their data, all data held will be deleted.
4. Detail what rights they have to disclosure and how to make a disclosure request.
5. Explain their right to erasure.
6. All completed job files will be deleted/shredded after 10 years of storage.
7. No personal data will be used for mail shots or cold calling unless permission has been given, the information is freely available within the public domain or Chelmsford Demolition Ltd can demonstrate any of the "lawful processing" requirements set out in the regulations.
8. Chelmsford Demolition Ltd will only collect the information necessary to conduct our works.

Any breach of personal data will be reported to the Information Commissioners Office (ICO) within 72 hours of identifying a breach. All persons affected by the breach will be notified immediately by the dedicated data protection officer/s (Office and Internal Safety Rep and/or External Advisors)

Signed By: Mr James Bailey – Managing Director



30th September 2024

ABSENCE & RETURN TO WORK

Chelmsford Demolition Ltd will ensure that it follows UK legislative requirements and guidance during employee absence and during their return to work.

HSE guidance such as “Managing sickness absence and return to work” will be utilised.

If the return to work is following a life changing diagnosis such as Parkinson Disease, HAVS, we will utilise the services of specialist occupational health practitioners.

Chelmsford Demolition Ltd will always look to make reasonable adjustments to ensure that our employees have the best possible opportunities to return to work in as full a capacity as practicable.

There are six elements in the return to work process

1. Recording sickness absence.
2. Keeping in contact with sick employees, including return to work interviews.
3. Planning and undertaking workplace controls or adjustments to help workers on sickness absence to return and stay in work.
4. Making use of professional advice and treatment.
5. Agreeing and reviewing a return-to-work plan.
6. Coordinating the return-to-work process.

Full individual risk assessments will be carried out to ensure the safety of the returning employee, these will be conducted by the internal safety rep and/or external advisors and the employee’s line manager. Where necessary, specialist occupational health practitioners may be used to aid the risk assessment process.

For further information, please request a copy of “Managing sickness absence and return to work” from your line manager or Internal Safety Rep and/or External Advisors.

WHISTLEBLOWING POLICY STATEMENT

The company is committed to the highest standards of transparency, probity, integrity and accountability.

This policy is intended to provide a means of making serious allegations about standards, conduct, financial irregularity or possible unlawful action in a way that will ensure confidentiality and protect those who make such allegations in the reasonable belief that it is in the public interest to do so, from being victimised, discriminated against or disadvantaged. This policy is intended to ensure that the company complies with its' duty under the Public Interest Disclosure Act 1998.

The company procedure applies to all Chelmsford Demolition Ltd, including Associates and Contractors and does not replace any other policies or procedures.

The procedure applies to, but is not limited to:-

- Conduct which is an offence or breach of the law
- Alleged miscarriage of justice
- Serious health and safety risks
- Unauthorised use of funds
- Possible fraud and corruption,
- Sexual, physical or verbal abuse, bullying or intimidation of employees, customers etc.
- Abuse of authority
- Other unethical conduct

Chelmsford Demolition Ltd will take appropriate action to protect a whistle blower who makes a serious allegation in the reasonable belief that it is in the public interest, from any reprisals, harassment or victimisation. All allegations will be treated in confidence and every effort made not to reveal a whistle blower's identity unless the whistle blower requests otherwise.

Allegations made anonymously will be considered and the following will be taken into account:-

- The seriousness of the issue raised
- The credibility of the allegation made
- Whether the allegation can realistically be investigated from other sources other than the complainant.

No disciplinary action will be taken against a whistle blower who makes an allegation in the reasonable belief that it is in the public interest even if the allegation is not substantiated. Disciplinary action may be taken against a whistle blower who makes an allegation frivolously, maliciously or for personal gain where there is no element of public interest.

Any allegations should be made to the employee's immediate manager to whom they report but if that is not appropriate, they should take the allegation to a higher level.

Signed By: Mr James Bailey – Managing Director



30th September 2024

MONITORING & REVIEW

The Internal Safety Rep and/or External Advisors will implement initial monitoring of health and safety procedures to be carried out on all sites on a daily, weekly and monthly basis, internally and by external advisors. The frequency of external monitoring will be at the discretion of the management team or as directed by client requirements. On smaller contracts of less than 4 weeks, monitoring may only be carried out internally by the Internal Safety Rep and/or External Advisors or Operations/Contract Managers, unless the works are deemed very high risk and warrant external monitoring.

The purpose of monitoring is to ensure:-

- The effectiveness of this Health and Safety Policy.
- Effective management of the organisation's procedures.
- Improvement of performance standards.
- Reduce the risk of accidents and incidents.
- Prompt implementation of remedial measures.

The method of monitoring will consist of:-

- Consultation with employees.
- Encouragement of suggestions, observations and constructive criticisms of employees.
- Reporting hazards, dangerous occurrences and incidents by employees.
- Site inspections by a competent person.
- Site inspections by our approved external safety advisors.
- Site meetings with health and safety on the agenda.
- Health surveillance.
- Annual review will be held to audit the management of health and safety in accordance with laid down procedures which will aim to collect available information on performance to establish the effectiveness of those procedures.
- The Health and Safety Policy will be reviewed regularly and revised annually and/or, as necessary.

All suggestions and improvements will be most welcome by the Managing Director by telephone, writing or verbally.

This policy is due for full review by **30th September 2025**

New/updated legislation and recommendations will be incorporated into this policy prior to full revision and will be detailed within the records of amendments/revision section at the front of this document. Review will also take place upon accident/incident, introduction of new procedures, plant or personnel.